

April 2019

Goudie Gazette

peopleCare A.R. Goudie Kitchener 369 Frederick St. *519-744-5182* 519-744-3887*



peopleCare
communities

April 2018

Celebrating April

Friday, April 5th @ 10:00am
Men's Club (GH)

Monday, April 8th @ 12:30pm
Diner's Club (GH)

Wednesday, April 10th from
5:30pm to 7:00pm
Resident & Volunteer
Appreciation Dinner (GH)

Monday, April 15th @ 2:00pm
Resident Appreciation w/ Keith
Tobey (GH)

Wednesday, April 17th from
10:00am to 3:00pm
Geri Fashion Clothing Sale (GH)

Wednesday, April 17th @ 1:15pm
Cambridge Butterfly
Conservatory Excursion (O)

Friday, April 19th @ 10:45am
Good Friday Service (GH)

Wednesday, April 24th @ 2:00pm
Birthday Party w/ Pat & Larry
(GH)

Friday, April 26th @ 2:00pm
Kitchener Public Library (GH)



**A.R. Goudie celebrated International
Women's Day on March 8th, 2019**



**International Women's Day guest
speaker Jockie Loomer-Kruger**

Welcome Home

Leslie F., Muriel F., Jean O., & Ada H.

Happy Birthday to
All those born in April!

Resident Name	Date
Jean Mc.	April 2 nd
Bud K.	April 3 rd
Adelina S.	April 5 th
Bud B.	April 10 th
Lloyd N.	April 12 th
Kathleen D.	April 15 th
Bernice W.	April 16 th
Violet H.	April 17 th
Jean O.	April 18 th
Florence C.	April 29 th



Flower: Daisy
Birthstone: Diamond

April Birthdays

In astrology, those born April 1–19 are Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals. Those born April 20–30 are Bulls of Taurus. Bulls are stable, reliable, patient, and determined. They will work hard and finish the job no matter what gets in their way, but they expect to be rewarded!



GERI FASHIONS ADAPTABLE & SENIOR CLOTHING will be on-site on Wednesday, April 17th from 10:00am until 3:00pm in the Grand Hall.

One of their unique benefits is that they offer a large selection of both conventional senior fashion (from brands like Alia & Tanjay) and adaptive clothing (for those with mobility issues). They round their selection out with easy to put on slippers, socks and undergarments.

They gladly accept cash, debit, personal cheque or credit card. We can also charge to a residents trust fund or PGT (Public Guardian Trustee) as long as they have the residents PGT#, case workers name and PGT office address.



In Memory Of

*Henrietta K.
Henny B.
Donna Mck.
Gladys S.
Marie N.
Don D.
Reta F.
Ana S.
Jean I.*

*Our deepest thoughts and sympathies go
out to the family and friends*

*"He spoke well who said that graves
are the footprints of angels."*

Accreditation 2019

Accreditation: November 4th – November 8th, 2019

Quality Improvement at peopleCare

peopleCare continually works to enhance the care and services provided to residents and families. This is accomplished through an annual Quality Improvement Plan. The Quality Improvement Plan is a part of the Home's Operational Plan.

The Quality Improvement Plan is based on:

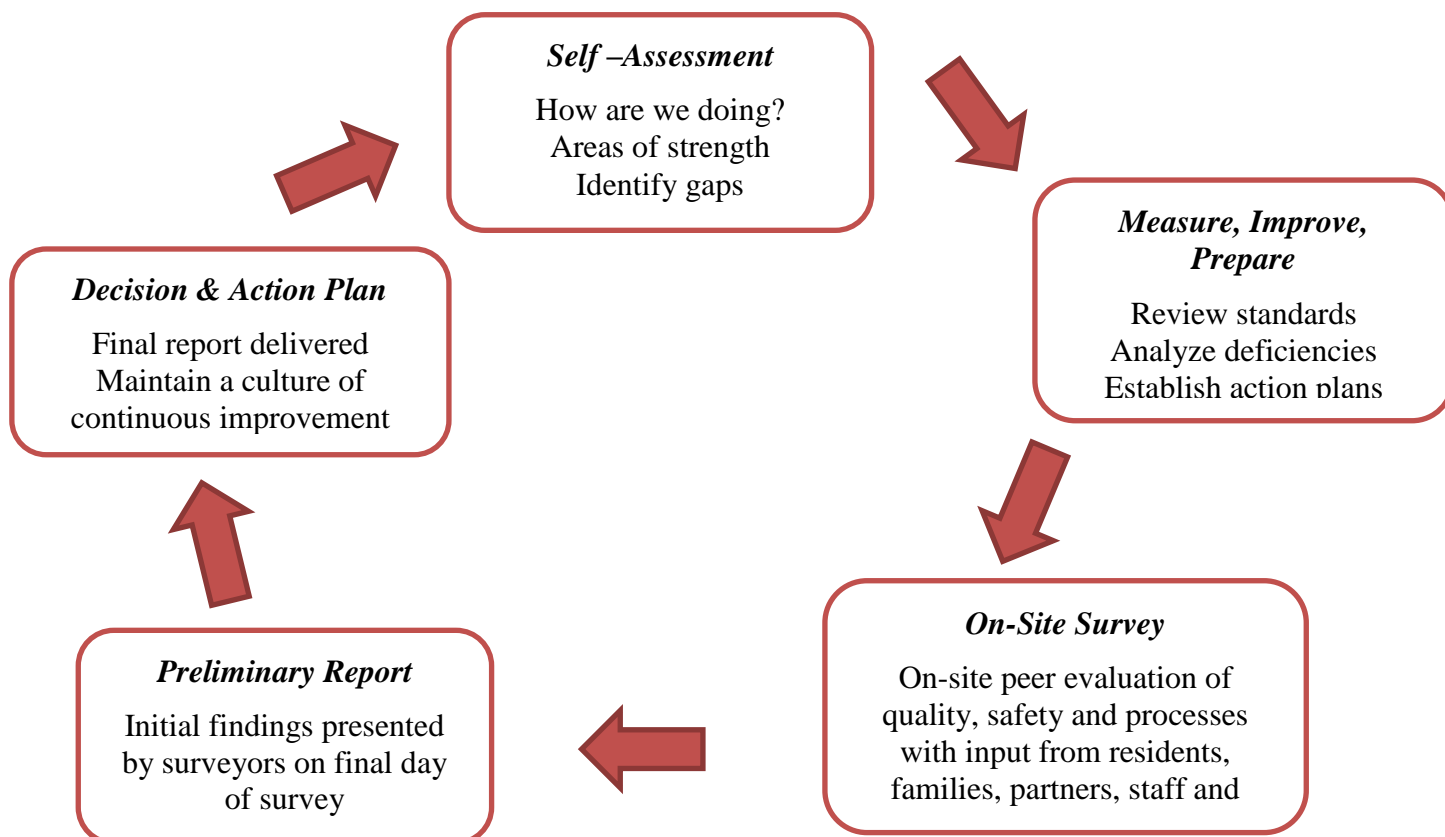
- Resident Surveys / Feedback
- Family Surveys / Feedback
- Staff Surveys / Feedback
- Clinical Indicators
- Operational Indicators

The outcome of these measures is reviewed by the Leadership Team and drives the quality improvement initiatives for the Home.

The plan is shared with the Resident and Family Councils. As the plan is reviewed regularly by the Leadership Team, updates are shared with the Councils throughout the year.

To find the Quality Improvement Plan for your Home, please speak with your Executive Director or Director of Care.

The Accreditation Cycle 2019





Mother's Day DINNER

Thursday, May 9th, 2019
5:30PM-7:00PM

RSVP BY FRIDAY, APRIL 26
519-744-5182 ext. 207/ 222 or
in-person to the Recreation
Dept.

\$10 PER PERSON

MAXIMUM OF 4 GUESTS PER
RESIDENT!

*Message from the Executive Director***From the Desk of Florin**

March was a busy month at AR Goudie. Our residents and families participated in many programs and activities offered by our Programs department. We had our Pancake Tuesday celebration at the beginning of the month and the Men's Club Pancake Luncheon. Saint Patrick's Day celebrations attracted a big crowd in the Grand Hall. A great thank you for all team members and volunteers that organized this event, bringing joy to all residents and families. With the support of the Resident Council in the month of April, a Volunteer Appreciation Dinner will be held in the Grand Hall recognizing the great support our volunteers are providing to the residents. Geri Fashions will also be in the home on Wednesday, April 17th selling adaptable clothing for residents so all are welcome to attend.

Our Aspirational Plan is to have a Meaningful and Purposeful Relation with our residents, families, team members and all customers. Coordinated by the BSO team, we introduced the "My Story" board where all new residents can share a little story about their life, likes, and hobbies. This way our team members get a friendly information about the new residents, being able to build family like relations right from the beginning.

Our priority as an organization is to create a culture with a strong employee engagement. Building a culture of engagement is a teamwork where all employees have an important role. We are now in the process of collecting the information from our team members using the Align Survey Platform. Based on the feedback provided our leadership team will set new action plans to address all areas where improvements can be made, to create a great place to work, with great employees.

We submitted our Home's Quality Improvement Plan for 2019/2020 period. The Quality Indicators and the progress over the year are posted on the bulletin board beside the hairdresser and periodic updates are provided to the Resident Council and Family Council.

We are awaiting updates from the Ministry of Health and Long Term care regarding our expansion project and have nothing new to report at this time. We also welcome our new Social Worker, Kathy Robertson, to the home. Kathy will be in on Monday's going forward so please feel free to say hello.

Easter is the time to rejoice and be thankful for the gift of life, love and joy. Wishing you and your family a Happy Easter!

Florin Perte
Administrator

February Events



Chaplain's Chat

'From pagan festivals and Christianity to bunnies and chocolate eggs':

On Easter Sunday, a bunny will deliver chocolate eggs to many households across the world. Have you ever wondered how this seemingly bizarre tradition came to be?

Well, it turns out Easter actually began as a pagan festival celebrating spring in the Northern Hemisphere, long before the advent of Christianity. Since pre-historic times, people have celebrated the equinoxes and the solstices as sacred times. The spring equinox is a day where the amount of dark and the amount of daylight is exactly identical, so you can tell that you're emerging from winter because the daylight and the dark have come back into balance. People mapped their whole life according to the patterns of nature. Following the advent of Christianity, the Easter period became associated with the resurrection of Christ. In the first couple of centuries after Jesus's life, feast days in the new Christian church were attached to old pagan festivals, spring festivals with the theme of new life and relief from the cold of winter became connected explicitly to Jesus having conquered death by being resurrected after the crucifixion.

Easter's changing date: In 325AD the first major church council, the Council of Nicaea, determined that Easter should fall on the Sunday following the first full moon after the spring equinox. That is why the date moves and why Easter festivities are often referred to as "moveable feasts". There's a defined period between March 25 and April 25 on which Easter Sunday must fall, and that's determined by the movement of the planets and the Sun.

Pascha, Easter and the goddess of spring: In most countries in Europe, the name for Easter is derived from the Jewish festival of Passover. So in Greek the feast is called Pascha, in Italian Pasqua, in Danish it is Paaske, and in French it is Paques. But in English-speaking countries, and in Germany, Easter takes its name from a pagan goddess from Anglo-Saxon England who was described in a book by the eighth-century English monk Bede. Eostre was a goddess of spring or renewal and that's why her feast is attached to the vernal equinox. In Germany the festival is called Ostern, and the goddess is called Ostara. Rabbits and eggs as ancient symbols of new life.

Many of the pagan customs associated with the celebration of spring eventually became absorbed within Christianity as symbols of the resurrection of Jesus. Eggs, as a symbol of new life, became a common people's explanation of the resurrection; after the chill of the winter months, nature was coming to life again. During the Middle Ages, people began decorating eggs and eating them as a treat following mass on Easter Sunday after fasting through Lent. This is actually something that still happens, especially in eastern European countries like Poland. The custom of decorating hard-boiled eggs or blown eggs is still a very popular folk custom. Rabbits and hares are also associated with fertility and were symbols linked to the goddess Eostre. The first association of the rabbit with Easter was a mention of the "Easter hare" in a book by German professor of medicine Georg Franck von Franckenau published in 1722. He recalls a folklore that hares would hide the coloured eggs that children hunted for, which suggests to us that as early as the 18th century, decorated eggs were hidden in gardens for egg hunts.

As we enter into the spring season, I wish each and every one a Happy and Blessed Easter celebration,

Chaplain Wil.

Living the peopleCare Values

GROWTH

Embrace Change, maximize
Opportunity

Are you the best you can be?

Knowledge=Growth
Learn something new today!

HEARTbeats

Congratulations to our February Draw
Winners!

Name of Giver: Pilar B. (Dietary)

Name of Receiver: Betty K. (Dietary)

They have received a \$25 gift card for
displaying the peopleCare Values!

Thank you for all you do!



Lost & Found



We will be placing lost & found items in the chapel over the first 2 weekends of April for families to go through at their discretion to locate any missing or misplaced items. All items that are not claimed will be donated to St. Vincent De Paul's Society.

Resident LOAs

We kindly remind families that if you will be taking residents off the property for an excursion, appointment, etc. we ask that you make sure you fill out & sign the '**RESIDENT LOA FORM**' that can be found on the exterior nursing stations on each home area. If you cannot locate the binder then kindly let staff know you will be taking a resident out before you go so that they are aware.



peopleCare Is here for You

peopleCare recognizes that we cannot thrive without the hard work and dedication our employees make every day in our Homes. Please remember all of the programs that peopleCare has to assist you in your personal lives, educational pursuits and Employee Recognition! If you are unfamiliar with any of the following, please speak to your manager:

- Employee Assistance Program
- Education Assistance Program
- HEARTbeats rewards and recognition Program