

April 2019

# Oakcrossing News

1242 Oakcrossing Rd. London On. 519-641-0023 [www.peoplecare.ca](http://www.peoplecare.ca)



peopleCare  
communities

## We Have Been BUSY

### Celebrating April

Ukulele Music  
Every Wednesday at 10am in the  
Chapel

Happy Hour  
Friday April 5<sup>th</sup> at 2pm in the Café

Resident Council  
Monday April 8<sup>th</sup> at 10:15am in the  
Chapel

Kiwanis Senior's Choir  
Tuesday April 9<sup>th</sup> at 2:30pm in the  
Chapel

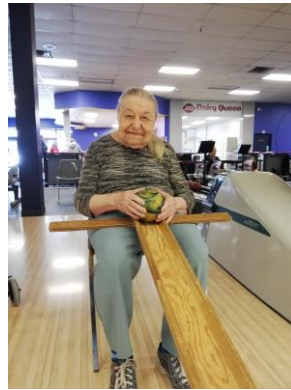
Dancing Chorus  
Thursday April 11<sup>th</sup> at 10:30am in the  
Chapel

Daffodil/Welcome Tea  
Friday April 12<sup>th</sup> at 2pm in the Café

Chicks Arrival  
Tuesday April 16<sup>th</sup> in the afternoon  
Will be in the Oakroom

Good Friday Service  
Friday April 19<sup>th</sup> at 1:30 in the  
Chapel

Birthday Party with Georgina Rae  
Friday April 26<sup>th</sup> at 2:00pm in  
Whitepine Dining Room



## Welcome Home

Jan P., Gail M. and Ray P.

Happy Birthday to  
All those born in April!

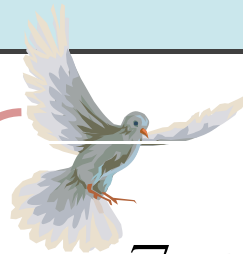
Resident Name	Date
Lillian C.	April 1
Farangis R.	April 1
John M.	April 3
Penny S.	April 3
Florence N.	April 5
Angela R.	April 6
Frances N.	April 11
Gordon M.	April 12
Richard N.	April 16
William S.	April 20
Joan A.	April 22
Ray G.	April 26

Flower: Daisy  
Birthstone: Diamond

Rams of Aries. Like rams, Aries charge forward with courage, confidence, and enthusiasm. They embrace action, take risks, and will fight for their goals. Those born April 20–30 are Bulls of Taurus. Bulls are stable, reliable, patient, and determined. They will work hard and finish the job no matter what gets in their way, but they expect to be rewarded!

## Welcome New Employees!

Cassandra Minisini-RPN  
Andrea Macke-RPN  
Cindy Issac-HSKP  
Lilana Bayona-RPN  
Mariane Meas-PSW  
Quinn Currado-PSW  
Mohammed Kabeer-RPN  
Jamie Pearse-PSW  
Gladys Avila- Dietary



## In Memory Of

*Dorothy Jackson, Madelon West  
and Marjorie Millson*

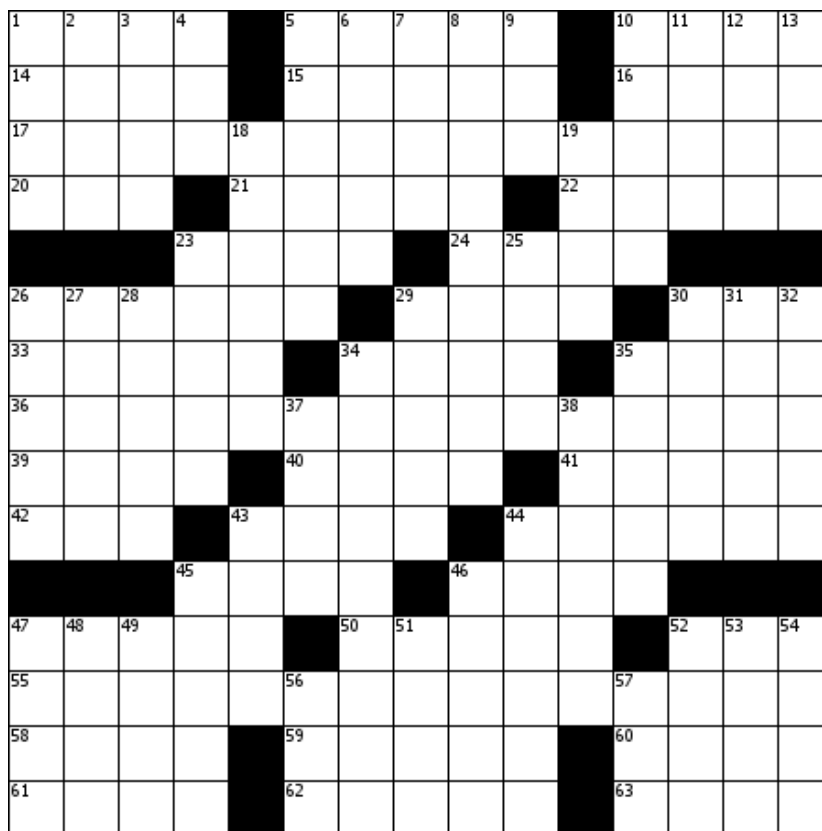
*Our deepest thoughts and sympathies go  
out to the family and friends*

*"He spoke well who said that graves are  
the footprints of angels."*

*~Henry Wadsworth Longfellow*

## Across

- 1. Butte relative
- 5. Game of chance
- 10. Alliance est. in 1949
- 14. Without any warranty
- 15. Shaq's surname
- 16. Table spread
- 17. On the pathway of enticement
- 20. Caustic substance
- 21. Stuffed carnival prize, perhaps
- 22. Relieves
- 23. What this gun's for?
- 24. Churlish one
- 26. Distinct feature
- 29. Word with bank or student
- 30. \_\_\_\_ canto
- 33. Barton or Bow
- 34. Boorish sort
- 35. Trunk of a tree
- 36. Pathway of the politically moderate
- 39. They can be made to meet
- 40. Party favorites
- 41. Reach in amount
- 42. It's the limit for some
- 43. Buffalo Bill
- 44. Ascended
- 45. Major component of soapstone
- 46. "Gorillas in the Mist" author Fossey
- 47. Advances gradually
- 50. Out in the open
- 52. Word in the Three Musketeers' motto
- 55. On the pathway of futility
- 58. Day of March madness?
- 59. Generic dog name
- 60. From a considerable distance
- 61. "Don't use that \_\_\_\_ with me!"
- 62. "The Sheik of \_\_\_\_"
- 63. "Give that \_\_\_\_ cigar!"



## Down

- 1. Heavy hammer
- 2. See at a distance
- 3. Planned setting
- 4. Hearth bit
- 5. "The Big Sleep" star
- 6. Nonsensical
- 7. Uncool fellow
- 8. Movers, not shakers
- 9. Flamenco exclamation
- 10. Stock designation
- 11. "Poor me"
- 12. The head of Henri
- 13. Aahs' companion
- 18. Grand in scope
- 19. Tube gas
- 23. Range rovers
- 25. It may be taken with a Bible
- 26. Highest stages
- 27. Move like Morticia
- 28. Type of wagon
- 29. Elevated
- 30. Timely blessings
- 31. Opposite of deject
- 32. Teased, in a way
- 34. Hot pink, e.g.
- 35. You'll find one on ice in Boston
- 37. Hydroxyl-carbon compound
- 38. Book slips?
- 43. It's home to Castro
- 44. Use the clothesline, e.g.
- 45. Wound-up
- 46. Star in Cygnus
- 47. Prepare for publication
- 48. Blockhead
- 49. "Alice" actress Verdon
- 51. Start of a cheer
- 52. Romeo lead-in
- 53. Mean partner
- 54. Northern constellation
- 56. Lifting device?
- 57. Rapid escape

M	E	S	A		B	I	N	G	O		N	A	T	O
A	S	I	S		O	N	E	A	L		O	L	E	O
U	P	T	H	E	G	A	R	D	E	N	P	A	T	H
L	Y	E		P	A	N	D	A		E	A	S	E	S
			H	I	R	E		B	O	O	R			
A	S	P	E	C	T		L	O	A	N		B	E	L
C	L	A	R	A		L	O	U	T		B	O	L	E
M	I	D	D	L	E	O	F	T	H	E	R	O	A	D
E	N	D	S		N	U	T	S		R	U	N	T	O
S	K	Y		C	O	D	Y		A	R	I	S	E	N
			T	A	L	C		D	I	A	N			
E	D	G	E	S		O	V	E	R	T		A	L	L
D	O	W	N	A	B	L	I	N	D	A	L	L	E	Y
I	D	E	S		R	O	V	E	R		A	F	A	R
T	O	N	E		A	R	A	B	Y		M	A	N	A

## *Easter Sunday Menu April 21<sup>st</sup> at 12:00pm*

### *Entrée*

*Glazed Ham*

*or*

*Hot Roast Beef with  
Yorkshire Pudding*

*Scallop Potatoes  
Fresh Green Beans  
Glazed Carrot  
Ambrosia Salad*

### *Dessert*

*Angel Food Cake with Fresh  
Strawberries and Whip Topping  
Or*

*Lemon Meringue Pie*

### **From Ellen Bueso, Chaplain**

The sun is shining, the birds are chirping, and I'm excited for Spring. For the month of April, I'm pleased to tell you that we've revamped some of the Spiritual Care programming. As you'll see on your calendar, what we used to call "Sing Along" will now be called "We Are The Choir". We will still sing much of the same favorites but just with more of an emphasis on singing as a choir. Come on out and we'll have some fun singing.

Rosary Group has been divided into two groups now... On Tuesdays we will say the Rosary on the 2nd floor, and on Thursdays we will say the Rosary on the 3rd floor. The groups will be a little smaller, and it will make getting to the program a little easier.

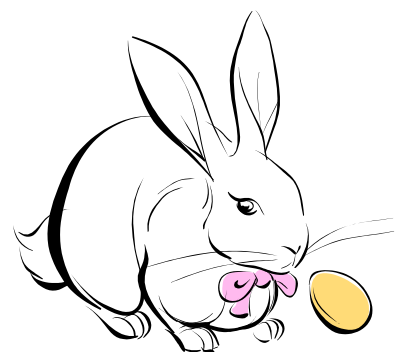
And finally, Devotions will be moved to Thursday afternoons at 3:30pm... and will still be held in the same space, which is the dining room of Red Oak located on the 2nd floor.

I look forward to an exciting April, and spending more time with each of you.

Yours,

Ellen Bueso, Chaplain

Interfaith Spiritual Care



## Family Council

Oakcrossing Family Council is an organized, self-led, self-determining, democratic group composed of the family members and friends of residents who live at peopleCare Oakcrossing. It is an opportunity to come together with a focus on the promotion of health, welfare and quality of life for all residents living at peopleCare Oakcrossing. We meet the third Monday of each month from 6:30pm-8:00pm.

We are looking for your input on information sessions that could be facilitated at the Family Council Meetings. Please submit your list to the email below.

Our next meeting scheduled for Monday, April 15th, at 6:30pm. Family Council meetings are held in the peopleCare Academy on the main floor. For more information, please contact Ruth-Anne Durocher at ext. 306 or [radurocher@peoplecare.on.ca](mailto:radurocher@peoplecare.on.ca)

## Resident Council

Our Guest speaker in March was Gloria Johnston ADRC, who discussed the Medication policy and our Quality Indicators.

We welcome all residents to join us, especially our new residents and offer their comments and compliments on their care.

We are looking forward to meeting up with you and hearing your comments and concerns.

A reminder to all Residents, please attend the next meeting held on Monday April 8th at 10:15 in the Chapel.

Jean Cappa  
Elected President 2018-2019

## *Spiritual Programming Available*

**SUNDAY CHURCH SERVICE 1:30 PM** in the CHAPEL facilitated by members of Community Churches

**BIBLE READING TUESDAY**  
10:30 AM in RED OAK

**DEVOTIONS THURSDAY**  
3:30PM -2<sup>ND</sup> FLOOR

**ROSARY GROUP TUESDAY**  
10:30PM -2<sup>ND</sup> FLOOR

**ROSARY GROUP THURSDAY**  
10:30PM -3<sup>RD</sup> FLOOR

**HYMN SING**  
2nd Friday of the month at 6:30 PM

**CATHOLIC COMMUNION SERVICE OR MASS**  
2nd Tues of the month at 1:30pm  
A Volunteer brings Communion to Catholic residents each week.

**COMMUNION SERVICE BY ANGLICAN PRIEST**  
3rd Wed of the month at 2:00PM

End of Life Care by a Community Minister is available on request at the Nurses Station.

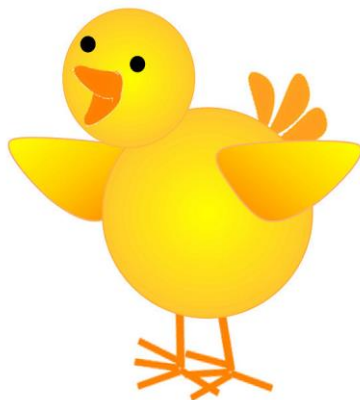
**Good Friday Service-1:30pm in the Chapel**  
**Friday April 19<sup>th</sup> 2019**



# Types of Dog

H	G	E	L	P	H	D	U	H	O	T	G	M	E
S	H	E	N	E	U	A	S	C	S	B	I	R	E
R	B	O	X	E	R	C	D	E	A	U	R	R	H
H	N	B	R	L	M	H	D	N	R	L	E	A	R
C	C	O	R	G	I	S	N	I	E	L	I	O	P
O	D	N	U	O	H	H	A	I	H	D	R	R	I
L	R	H	U	R	E	U	S	R	H	O	R	E	N
L	A	R	H	D	D	N	U	B	C	G	E	T	S
I	H	T	A	B	A	D	T	L	S	E	T	T	C
E	E	A	D	A	L	M	A	T	I	A	N	E	H
L	M	A	S	T	I	F	F	H	B	A	H	S	E
S	C	H	I	H	U	A	H	U	A	O	P	S	R
T	E	H	M	I	R	B	E	A	G	L	E	B	A
O	T	L	T	S	M	S	H	E	P	H	E	R	D

DALMATIAN  
 DACHSHUND  
 BEAGLE  
 PINSCHER  
 SHEPHERD  
 MASTIFF  
 SETTER  
 CHIHUAHUA  
 BULLDOG  
 COLLIE  
 HOUND  
 CORGI  
 TERRIER  
 BOXER



## BIRD NAMES WORD SCRAMBLES

L O W

A E G I M P

E O P R S Y

D N O C O R

C C E H I K N

E K R T U Y

D E O V

O E G S O



**ACCREDITATION**  
**CANADA**

## Accreditation 2019

### Accreditation

November 4<sup>th</sup> – November 8<sup>th</sup>, 2019

### Quality Improvement at peopleCare

peopleCare continually works to enhance the care and services provided to residents and families. This is accomplished through an annual Quality Improvement Plan. The Quality Improvement Plan is a part of the Home's Operational Plan.

The Quality Improvement Plan is based on:

- Resident Surveys / Feedback
- Family Surveys / Feedback
- Staff Surveys / Feedback
- Clinical Indicators
- Operational Indicators

The outcome of these measures is reviewed by the Leadership Team and drives the quality improvement initiatives for the Home.

The plan is shared with the Resident and Family Councils. As the plan is reviewed regularly by the Leadership Team, updates are shared with the Councils throughout the year.

To find the Quality Improvement Plan for your Home, please speak with your Executive Director or Director of Care.

## Message from the Administrator

As we remembered to change our clocks it is important to remember to change the batteries in your fire alarms.

Smoke alarms are not foolproof. They play a vital role worldwide in reducing the occurrence of deaths and injuries resulting from home fires. However, like any warning device, smoke alarms only work if properly located, installed, and maintained and smoke reaches them. The Office of the Fire Marshal of Ontario reports 85% of the cases where smoke alarms did not activate were due to dead or missing battery/power source.

At peopleCare our fire system is monitored and tested weekly. We do active drills and training monthly for our staff and residents. When you are visiting in the home please ensure you are safe by participating in the fire drills. Follow these simple rules. If you see smoke or fire, pull one of the fire pull stations which are located at all exits of the home as well as on the Resident Home Areas. If you are in immediate danger, move to safety. Listen for the announcement to tell you where the fire is located. Please do not use elevators. Check in with the PSW or Nurse Manager on the home area who will direct you as necessary.

In closing, just a reminder to please remember that the front circular driveway is a fire lane and drop off only. Please do not leave your car parked in front of the Home as this prevents emergency vehicles and other residents from having easy access to our Home.

Thank you  
Brenda Nethercott  
Administrator

## Upcoming Events

Please help us choose the décor for our home- fill out a ballot located in the lobby with the sample selection.

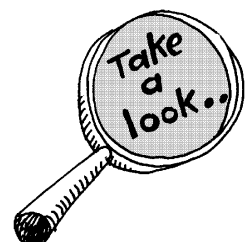
Thank you for your assistance!

Spring is arriving shortly and so are the beautiful spring flowers. Please remember we are a scent free home to provide a clean air quality for our residents and staff. Thank you for your support!

**Accreditation-Nov. 4<sup>th</sup> -Nov.8<sup>th</sup>  
2019**

Watch for upcoming Accreditation Update on the Accreditation Board located on the main floor beside the peopleCare Academy

**Lost and Found will be  
available on the main floor-  
located in the Oak Room from  
April 10<sup>th</sup> to April 23<sup>rd</sup>**





Living the peopleCare Values

# GROWTH

**Embrace Change, maximize  
Opportunity**

Are you the best you can be?

Knowledge=Growth  
Learn something new today!

## Quality Initiatives

We have been working on our Quality Improvement Plan that is submitted to Health Quality Ontario. A new focus is the area of Palliative Care- watch for updates on our plan. We will post the plan and results of 2018 in the lobby.

# HEARTbeats

Congratulations to our March Draw Winners!

Name of Giver: Tadic-RPN

Name of Receiver: Andi-RN

They have received a \$25 gift card for displaying the peopleCare Values!

Thank you for all you do!



## *peopleCare Is here for You*

peopleCare recognizes that we cannot thrive without the hard work and dedication our employees make every day in our Homes. Please remember all of the programs that peopleCare has to assist you in your personal lives, educational pursuits and Employee Recognition! If you are unfamiliar with any of the following, please speak to your manager:

- Employee Assistance Program
- Education Assistance Program
- HEARTbeats rewards and recognition Program