

June 2019

Goudie Gazette

peopleCare A.R. Goudie Kitchener 369 Frederick St. *519-744-5182* 519-744-3887*



Celebrating June

Wednesday, June 5th @ 12:30pm
Diner's Club- Chinese Food (GH)

Thursday, June 6th @ 2:30pm
Joyful Voices Resident Choir Recital (GH)

Tuesday, June 11th @ 10:30am
Resident Choir Appreciation (GH)

Wednesday, June 12th @ 2:00pm
peopleCare Bowling Tournament

Thursday, June 13th @ 5:30pm
Resident Father's Day BBQ (sign-up only)

Friday, June 14th @ 2:00pm
Spa Afternoon (GH)

Tuesday, June 18th @ 12:30pm
Men's Club Brunch (GH)

Wednesday, June 19th @ 2:00pm
Seniors' Month Celebration w/ John Moorhouse

Monday, June 24th @ 2:00pm
Resident Council (2)

Wednesday, June 26th @ 2:00pm
Birthday Party w/ Pat & Larry (GH)

peopleCare
communities



SUMMER BLOOMING AT A.R. GOUDIE



Welcome Home

Margaret S. & Aline D.

Happy Birthday to
All those born in June

Resident Name	Date
Donna McD.	June 4 th
June P.	June 27 th
Stefan H.	June 28 th
Mary I.	June 30 th

Flower: Rose

Birthstone: Pearl



June Birthdays

In astrology, those born June 1–20 are Gemini's Twins. Twins seem to have two personalities and can blend into any situation. They have an energetic and fun-loving side that is the life of the party, but also a deep and emotional side that needs love and nurturing. Those born June 21–30 are the Crabs of Cancer. Guided by their hearts, Crabs are emotional and nurturing. They create deep bonds and comfortable homes and are always willing to welcome people into their circle.

Rate change notification

Please be advised that the **accommodation rates will increase as of July 1st, 2019**. A bulletin with detailed information has been provided with the current monthly statements. If you are currently paying less than \$60.78 per day because you are receiving a reduction in the basic co-payment, known as a "Rate Reduction", then ***you should re-apply for a rate reduction as the current rate reduction expires on June 30, 2019.***

Please contact our office manager Karen Gordon at 519-744-5182 ext. 224 to set up an appointment for the application.

Please see the bulletin on rate reduction below



In Memory Of

*Our deepest thoughts and sympathies go
out to the family and friends*

*Lloyd N.
Grace K.
Angela G.*

"He spoke well who said that graves
are the footprints of angels."

~Henry Wadsworth Longfellow

A.R. Goudie Joyful **Voices Choir Recital**

When- Thursday, June 6th, 2019

Where- peopleCare A.R. Goudie Grand Hall

Time- Recital starts promptly at 2:30pm

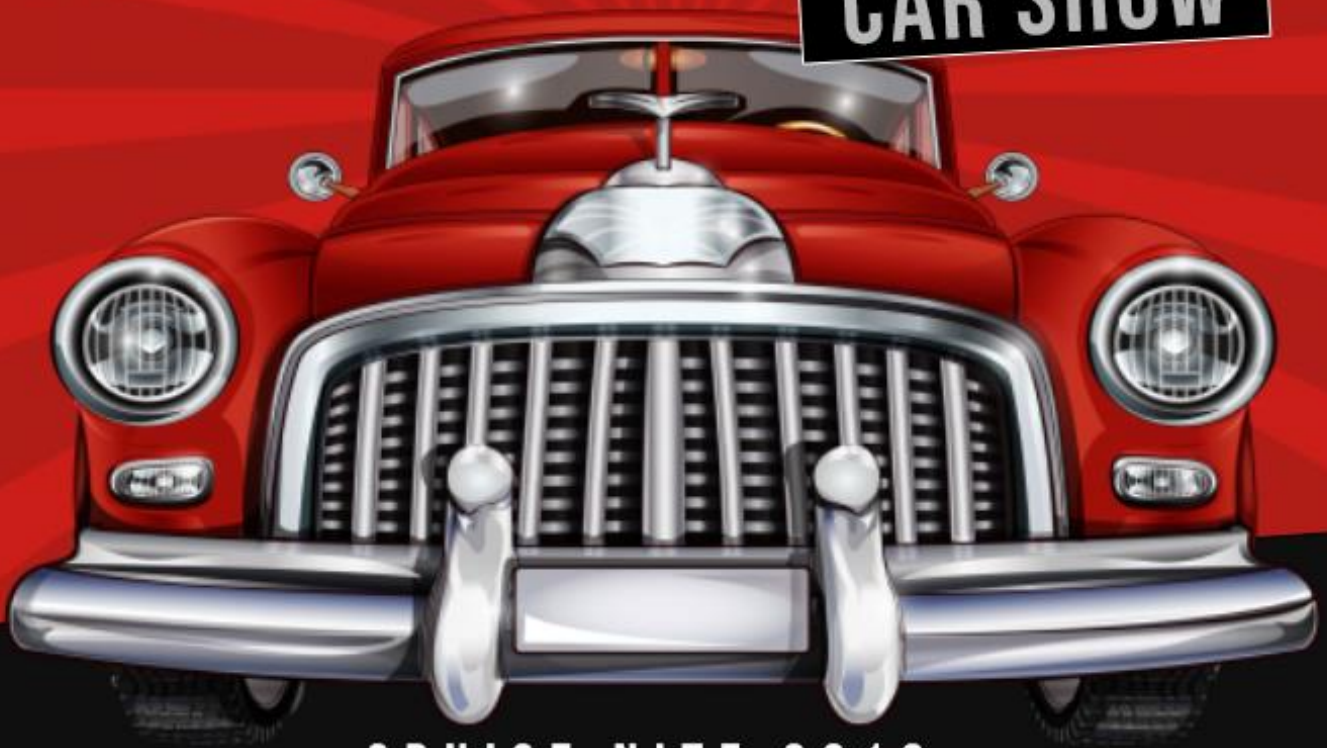
Who- All families, friends and visitors are welcome to attend; especially those of the resident choir members. There will be some refreshments afterwards!



A.R. GOUDIE PRESENTS

CRUISE NITE

CAR SHOW



CRUISE NITE 2019

FRIDAY, JULY 5TH, 2019 • 5:30PM-8:00PM

LIVE MUSIC • PRIZES • BBQ • 50/50 DRAW • NO ENTRY FEE

369 FREDERICK STREET, KITCHENER, ON N2H 2P1

Message from the Executive Director

From the Desk of Florin

Happy June!

The nature is inviting us to enjoy its beautiful creations. Everything is blooming, the trees and the flowers, the grass green, birds are joyfully chirping announcing the warm weather arrival – spring is here!

We celebrated our caregivers during the week of May 6th through May 12th, 2019. Thank you to all team members that are taking care of our residents; thank you for all your dedication and professionalism.

On May 22nd, 2019, we were honoured to welcome Effie J. Triantafilopoulos, MPP- Parliamentary Assistant to the Minister of Health and Long-Term Care, for a tour of the home and to share our clinical innovations and exciting redevelopment plans to give additional seniors access to high quality long-term care within our proposed expanded facility. Residents enjoyed the interactions with her during different activities.

Now as the season changes, its time to revisit the closets and remove the cold weather clothing, making room for light clothing. When you are bringing in new clothing, please connect with the charge nurse for proper labeling. We encourage to purchase wash and wear clothing. peopleCare A.R. Goudie Kitchener cannot accept responsibility for a resident's personal belongings, valuables or money. Jewellery and large sums of money are best kept with the responsible party. Please do not keep more than a few dollars at the bedside. We encourage our residents to utilize a Trust Account in the home where funds can be kept for day-to-day requirements. We are happy to assist with this.

It's that time of the year again! We are very excited to kickoff peopleCare's annual fundraising in support of MEDA. There are two main ways to get involved in this worthwhile cause: by joining or supporting the Women Walking to Grow (WW2G) Trek, or by getting involved in the annual Golf Tournament. You can find more information on the next pages or on our website www.peoplecare.ca. As we are looking for the summer, please mark your calendars for our 2019 Cruise Nite Car Show that will be held on Friday July 5th, 2019 from 5:30pm–8:00pm. Entry is free, there will be live music, a BBQ, prizes, a 50/50 and more. Anyone who is interested in volunteering is welcome.

Happy Father's Day to our residents, families and team members.

Best Regards,

Florin Perte
Administrator



Accreditation 2019

November 4th – 8th, 2019

Safety is Everyone's Responsibility

peopleCare is committed to safety and welcomes the full involvement of all residents, families, employees, volunteers and students focusing on a culture of prevention.

Fire Safety

Residents and families are encouraged to participate in the fire drills. Drills take place 3 times monthly (one on each shift). Upon hearing the fire alarm, please remain calm, close doors and windows, and wait for direction from the staff.

Codes

peopleCare utilizes a universal emergency code system as a part of the emergency preparedness program. This system provides ease of communication and identification of the appropriate emergency plan.

- Code Red: Fire Emergency
- Code Green: Evacuation
- Code Blue: Medical Emergency
- Code Yellow: Missing Resident
- Code White: Violent / Aggressive Behaviour
- Code Orange: Disaster Contingency Plans
- Code Black: Bomb Threat
- Code Purple: Intruder
- Code Brown: Chemical Spill
- Code Grey: External Air Contamination

Reporting

peopleCare is committed to early identification of risk factors that could result in an incident. We urge residents, families and visitors to immediately report anything they feel is a hazard to a staff member, such as the Charge Nurse. The Home investigates all potential risks to ensure that action is taken to prevent an event or injury.

Infection Prevention and Control

peopleCare works to promote resident and family awareness regarding the risk of infection, as well as prevention of the spread of disease. The Home works closely with Public Health and other government agencies as a part of the commitment to early detection, minimizing the transmission and controlling infections for the well being of residents, staff, volunteers and visitors.

In order to ensure a safe environment, everyone shares an accountability. If you have questions, would like additional information or have input into any of these programs, please speak with the Executive Director.



SPONSORSHIP OPPORTUNITIES	COST*	(✓)
Hole sponsor – 1 hole	\$250	
Hole sponsor – 2 holes	\$400	
Putting Contest	\$500	
Longest Drive (Women)	\$500	
Longest Drive (Men)	\$500	
Highest Scoring Team	\$500	
Lowest Scoring Team	\$500	
Closest to the Keg	\$500	
Closest to the Pin (Women)	\$500	
Closest to the Pin (Men)	\$500	
Golf Carts (Sponsor logo on each cart)	\$1,500	
Dinner (Sponsor logo on each table)	\$2,500	
SIGNATURE SPONSORSHIP – NEW! Support 2019 Golf Tournament & WW2G Trek with a single contribution.		
Platinum Level	\$10,000	
Gold Level	\$7,000	
Silver Level	\$5,000	
Bronze Level	\$3,000	

*Includes prizes for winners (where applicable)

SIGNATURE SPONSORS RECEIVE:

- ✓ Company name and logo on Golf Tournament signage, peopleCare website, and WW2G Trekker t-shirts
- ✓ Sponsorship recognition during celebration lunch (Trek) and reception dinner (Golf)
- ✓ Guaranteed registration of a foursome (Golf - full fees apply)
- ✓ Prizes for the winners (where applicable)

SILENT AUCTION DONATION

I/we would like to donate an item to the Silent Auction (suggested minimum value \$100)

Description of item _____

Estimated Value \$ _____ Phone _____

Email _____



Register for the TREK or Sponsor a Trekker

Visit www.meda.org/women-walking-to-grow

NEW for 2019! FIRST 100 PARTICIPANTS WILL RECEIVE A COMPLIMENTARY PERFORMANCE T-SHIRT.



SPONSORSHIP OPPORTUNITIES	COST	(✓)
Participant Bus for a day	\$500	
Participant Bus for two days	\$1,000	
Participant Bus for entire event	\$2,000	
Guest Trek Day – July 20, 2019		
Refreshment Station #1	\$500	
Refreshment Station #2	\$500	
Refreshment Station #3	\$500	
Celebration lunch	\$1,000	
SIGNATURE SPONSORSHIP – NEW! Support 2019 Golf Tournament & WW2G Trek with a single contribution.		
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Gold Level	\$7,000	
Silver Level	\$5,000	
Bronze Level	\$3,000	

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- ✓ Prizes for the winners (where applicable)

PAYMENT

Sponsorship Amount \$ _____

- ☐ Cheque (payable to peopleCare Inc. c/o 735 Bridge Street West, Waterloo, ON N2V 2H1)
- ☐ Visa Card # _____ Expiry (MM/YY) _____ / _____
- ☐ Mastercard Card # _____ Expiry (MM/YY) _____ / _____
- CV code (3 digits) _____ Signature of Cardholder _____

Return completed forms by June 30, 2019 to: **SUBMIT**
 c/o Maureen Douglas at 735 Bridge St W, Waterloo, ON N2V 2H1 or email to: mdouglas@peoplecare.ca
 If you have any questions, feel free to call Maureen at 519-513-5260 ext.201.

Resident Council would like to thank
Dentist Dr. Reddy at King Street
Dental for her generous donation of
quality toothbrushes for A.R.
Goudie's new Welcome Packages.



Resident Council is excited to be
providing new residents with a small
token as a “welcome” when they
arrive to A.R. Goudie.

Thanks again Dr. Reddy for helping with this new initiative.

Bulletin to Residents of Long-Term Care Homes: Important News Regarding Long-Term Care Home Accommodations Charges

Ministry of Health
and Long-Term Care

SPRING 2019

Renseignements aussi
disponibles en français

Basic Accommodation Rates

On July 1, 2019, the co-payment that residents pay for basic accommodation in Long-Term Care (LTC) homes **will increase by \$1.40 per day from \$60.78 per day to \$62.18 per day**, consistent with recent inflationary increases. This will help cover the rising costs of meals and accommodation.

Preferred Accommodation Rates

The maximum charges will also be increasing for residents admitted to newer preferred accommodation beds **on or after July 1, 2019**. The premium charged for semi-private accommodation will increase by \$0.29 from \$12.49 to \$12.78 per day, and the premium for private accommodation will increase by \$0.60 from \$26.04 to \$26.64 per day.

The table below provides the new rates that will apply as of July 1, 2019 to all types of accommodation based on a residents' date of admission to the bed.

Type of Accommodation	Daily Rate	Monthly
Long-Stay Resident:		
Basic	\$62.18	\$1,891.31
Semi-Private		
Residents admitted to newer beds on or after July 1, 2015.	\$74.96	\$2,280.04
Residents admitted to newer beds on or after September 1, 2014, but prior to July 1, 2015.	\$73.89	\$2,247.49
Residents admitted to newer beds on or after July 1, 2013, but prior to September 1, 2014.	\$72.83	\$2,215.25
Residents admitted to newer beds on or after July 1, 2012, but prior to July 1, 2013.	\$71.75	\$2,182.40
Residents occupying older beds, or residents admitted to newer beds prior to July 1, 2012.	\$70.70	\$2,150.46
<i>Continued...</i>		

Private

Residents admitted to newer beds on or after July 1, 2015.	\$88.82	\$2,701.61
Residents admitted to newer beds on or after September 1, 2014, but prior to July 1, 2015.	\$86.96	\$2,645.04
Residents admitted to newer beds on or after July 1, 2013, but prior to September 1, 2014.	\$85.08	\$2,587.85
Residents admitted to newer beds on or after July 1, 2012, but prior to July 1, 2013.	\$83.22	\$2,531.28
Residents occupying older beds, or residents admitted to newer beds prior to July 1, 2012.	\$81.35	\$2,474.40

Short-Stay Resident (Respite Bed)**\$40.24****N/A**

NOTE: "Newer beds" – beds classified as "NEW" or "A" according to ministry design standards

"Older beds" – beds classified as "B", "C", "Upgraded D" or "D" according to ministry design standards

Effective from July 1, 2019, the basic accommodation rate is determined using the following formula:

- 2018 basic accommodation rate x (1 + CPI Rate) = 2019 co-payment rate.
[i.e., \$60.78 x (1+2.3%) = \$62.18]
- The monthly rate is determined by multiplying the daily rate by 30.4167.
[i.e., \$62.18 x 30.4167 = \$1,891.31]

If you have requested a transfer from your current accommodation into a preferred accommodation bed, please call the LTC home administrator to confirm the rate that you will be required to pay. Preferred rates for semi-private and private accommodation in your current LTC home or in another LTC home may be different if you are offered a bed on or after July 1, 2019.

If you are currently paying less than \$60.78 per day because you are receiving a reduction in the basic co-payment, known as a "Rate Reduction", then you should reapply for a rate reduction as the current rate reduction expires on June 30, 2019. Staff at your LTC home will provide you with the application form and will help you to submit your application to the Ministry of Health and Long-Term Care.

For more information on co-payment rates or the changes to the rate reduction application process, please speak with your home's Administrator. Should you have any additional questions, please contact: LTC Homes Action Line at 1-866-434-0144.

Living the peopleCare Values

EXCELLENCE

Exceed Expectations

Do you do your best work, each
and every day?

Strive to be better than the rest



Check us out, and like us on
Facebook!

<https://www.facebook.com/PeopleCareCommunities/>

*Newsletters and calendars can be accessed
online at www.peoplecare.ca under the
specific peopleCare Community location*

HEARTbeats

Congratulations to our March Draw
Winners!

Name of Giver: Marilyn S.

Name of Receiver: Heather G.

They have received a \$25 gift card for
displaying the peopleCare Values!

Thank you for all you do!



Family & Visitor Reminders

We kindly remind families & visitors that if
you are to be using any dishes, including
cups and plates, then please return them to
the serveries in each dining room on all
floors and not in the café.

Also, with the summer weather upon us
we do want to remind families that we
have a sunscreen pump at the front door
which you are encouraged to use when
bringing residents outdoors.

Lastly, we kindly ask all families and visitors
to make sure that you park within the
allotted lines in the parking lot; there has
been an increase in double parking even
with all the snow gone. If the lot is full then
please utilizing parking at the mall.

peopleCare Is here for you!

peopleCare recognizes that we cannot
thrive without the hard work and dedication
our employees make every day in all our
Homes. Please remember all of the
programs that peopleCare has to assist
you in your personal lives, educational
pursuits and employee recognition! If you
are unfamiliar with any of the following,
please speak to your manager:

- Employee Assistance Program
- Education Assistance Program
- HEARTbeats Rewards and
Recognition Program
- Disaster Relief Fund