

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NL- North Lounge SDR-Small Dining Room BDR- Big Dining Room P- Patio NS-Nurse's Station	1 9:45 Ann Murray in Concert-NL 10:45 Party Prep 1:30 Canada Day Social-BDR 2:30 Manicures Canada Day	2 9:15 Pump it Up-NL 9:45Montessori - SDR 10:45Current Events-NL 1:15 Body Balance-NL 1:30TV Classics 1:45 One to One Visits 2:30 Active Games- P 4:15 1:1 Visits 6:00 Story Time on the Patio 7:00Word Games-NL	3 9:45 Montessori -SDR 10:45 Balloon Badminton 1:30Daily Chronicles 2:30 Sing along on the Patio	4 9:00 Remember When-NL 9:15 Get Energized-BDR 10:00 Gardening-P 11:15 1:1 Sensory Visits 2:00 Catholic Mass-NL 3:00 Drumming - SDR 4:15 One to One visits 6:30 Games Night-BDR	5 2:00 Finish the Line- SDR 3:15 Shake out the Truth-BDR 4:15 Hand Massages 6:30 Music Drop in	6 9:30 Readers Corner-SDR 10:30 Active Games- NL 1:30 Jokes and Riddles-NL 2:45 Bingo-BDR
7 9:30 Old Time Radio- NS 9:45 Dance Club- SDR 1:30 Active Games- NL 2:30 Hymn Sing-NL	8 9:15 Outdoor Walks with Nancy 9:45 Card Games-SDR 10:45 1:1 Ipad Music 1:15 Movement Matters-NL 1:30Short Stories on the Patio 2:00 Men's Group 3:00 Funny Videos 2:30 Manicures 4:15 One to Ones 6:30 Ladies Group	9 9:15 Pump it UP-NL 1:15 Body Balance-NL 2:00 Music with Willard-NL 3:00 Canadian Trivia-SDR 4:15 Plant Care (1:1) 6:30 Pub Night with Archie-BDR	10 10:00 Church Service with Pastor Babbey 10:45 Montessori 1:30 Who am I? - NL 2:30Sing Along -NL 3:30 Harp Music (1:1)	11 9:15 Get Energized-BDR 2:00 Montessori-SDR 3:00Drumming-SDR 4:15 One to One's 6:30 Games Night-BDR	12 9:00 Timeless Trivia 10:00 Penny Ante-BDR 11:15 1:1 Friendly Visits 2:15 Art with Pam-SDR 3:30 Word Fun- NL 4:15 Walk and Talk 6:30 Movie Night 7:00 Friendly Visits	13 9:30 History of Niagara Falls-NL 10:30 Hand Massages 1:30 Patio Social with 70's music 2:45 Bingo-BDR
14 9:30 Old Time Radio-NS 10:00 Bethesda Baptist Church Service Outing 2:30 Movie Matinee-NL	15 9:15 Outdoor Walks with Nancy 10:00 Harp Music with Kristin 1:15 Movement Matters-NL 2:00 Foot Spa on the Patio 3:00 Travel Logue-NL 4:15 Manicures 6:30 Reminisce on the Patio	16 9:15 Pump it Up-NL 9:45 Montessori- SDR 10:45 Word Games-NL 1:15 Body Balance-NL 1:30 TV Classics-NL 2:00 Lemonade on the Patio 2:30 Card Games- SDR 3:00 Who, What and When- NL 4:15 1:1 Friendly Visit 6:30 Danny Thomas Show - NL	17 9:30 Montessori- SDR 10:45 Active Games- 1:30 Trivia- NL 2:30 Music on the Patio 3:30 Harp Music (1:1)	18 9:15 Get Energized-BDR 9:45 Quality of Life Surveys 2:00 Melody Makers- BDR 3:30 Walk and Talk 4:15 One to One's 6:30 Games Night-BDR	19 9:30 Seated Yoga-NL 2:00 Piano with Ralph Underwood-NL 3:15 World Flags-NL 4:15 1:1 Sensory Visits 6:30 Documentary: John F. Kennedy	20 9:30 Readers Corner-SDR 10:30 Active Games- NL 1:30 You be the Judge-NL 2:45 Bingo-BDR
21 9:30 Old Time Radio -NS 9:45 Dance club- SDR 1:30 Name that Tune- NL 2:30 Hymn Sing-NL 3:30 1:1 Sensory Visits	22 9:15 Outdoor Walks with Nancy 10:00 Resident Council-SDR 1:15 Movement Matters-NL 2:00 Men's Group-NL 3:00 Chicken Soup for the Soul Group-NL 4:15 One to One's 6:30 Ladies Group -SDR	23 9:15 Pump it Up-NL 10:00 Bingo-BDR 1:15 Body Balance-NL 2:00 Jokes on the Patio 3:00 Active Games-P 4:15 Plant Care (1:1) 7:00 Norwich Band	24 10:00 Church Service with Pastor Kring 10:15 One to One's 1:30 Daily Chronicles 2:30 Sing A Long 3:30 Harp Music (1:1)	25 9:15 Get Energized-BDR 9:45 Gardening-P 2:00 Birthday Party with Pat Murray 3:30 Walk and Talk 4:15 One to One's 6:30 Games Night-BDR	26 Fundraiser Car Wash 9:30 Seated Yoga-NL 2:15 Art with Pam- SDR 3:30 Word Fun- NL 4:15 One to One's 6:30 Movie Night-NL 7:00 Friendly Visits	27 9:30 Jeopardy-SDR 10:30 Sing a Long-NL 1:30 What am I?-P 2:45 Bingo-BDR
28 9:30 Hymn Sing-NL 10:30 You be the Judge-SDR 1:30 Ice Cream Social-P 2:30 Jokes and Riddles on the Patio 3:301:1 Plant care	29 9:15 Outdoor Walks with Nancy 9:30 Current Events-NL 1:15 Movement Matters-NL 2:00 Reminisce on the Patio 3:00 TV shows from the 50s-NL 4:15 1:1 Friendly visits 6:30 Happy Hour with Ken Lightheart-BDR	30 9:15 Pump it Up-NL 9:45 Montessori- SDR 10:45 Word Games 12:00 BBQ Lunch 1:15 Body Balance-NL 1:30 TV Classics 2:30 Records on the Patio 3:30 Quality of Life Surveys 6:30 Ladies Night-SDR	31 9:15 Outdoor Walks with Nancy 10:30 Outing to Port Dover 1:15 Movement Matters	July 2019 Delhi Long Term Care Centre		