

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 CY Inner Courtyard PR Preston – 1st Floor G Galt – 1st Floor BL Blair - 2nd Floor HS Hespeler - 2nd Floor GR Grand River – 3rd Floor SR Speed River – 4th Floor AUGUST 2019 Blair & Hespeler Home Areas						
1:30 Manicures - BL 3:00 Bingo - BL 6:30 Youth Singers - SR	4 <i>No Exercise Class or Music Therapy</i> 10:15 Card Games-HS 1:30 1:1 Visits-HS 1:30 20 Questions - BL 3:00 Out Door Walks - BL 6:30 Flower Care - BL	5 10:00 Art Shine! - PR 9:15 Pump It Up!-BL 11:00 Spirit Circle - SR 1:30 Bingo – BL 3:00 Art- HS 4:30 Food Trucks @ St.Lukes 6:30 Bowling –HS	6 10:15 Balance – BL & HS 10:15 1:1 Visits - BL 1:15 Horticulture with Julie- BL 3:00 Manicures - BL 3:00 Pet Visits with Scarlet 6:30 Music and Melodies - BL	7 9:15 Pump It Up!– BL 10:30 R.C. Service – PR 1:30 Calendars- HS 1:30 Flower Arranging – BL 3:00 Church Service: Lutheran– SR 6:00 Pet Visits with Sheika 6:30 Popsicles on the balcony - BL 6:30 Euchre- HS	1 9:15 Pump It Up!- HS 1:30 Pet Visits with Boston 2:00 Happy Hour with Shaky D- BL 6:30 I Love Lucy Marathon-HS	3 1:30 Euchre - BL 3:00 Active Games - BL 6:30 Word Scramble BL & G
1:30 Movie Matinee-HS 3:00 Bingo - BL 7:00 Music at Mill Race Park	11 9:15 Pump It Up!- HS 10:15 Trivia -BL 11:00 Chime Choir – PR 12:00 Diners Club –BL & SR 1:30 Yahtzee-HS 3:00 1:1 Visits - BL 3:00 Neurogym- HS 6:30 Spa Night- HS	12 9:15 Pump It Up!- BL 1:30 Bingo – BL 2:00 Portuguese Rosary -HS 3:00 Manicures - BL 6:30 Movie Night BL & HS	13 10:15 Balance – BL & HS 1:15 Horticulture with Julie- G 2:00 Wine and Cheese - CY 3:00 Pet Visits with Scarlet 6:30 Outdoor Walks - BL	14 9:15 Pump It Up!–BL 10:30 R.C. Communion- PR 1:30 Out & Abouts – BL 1:30 Art-HS 3:00 Church Service: Cedar Creek– SR 6:00 Pet Visits with Sheika 6:00 Movie Night 6:30 News & Views-HS	15 9:15 Pump It Up!- HS 1:30 Pet Visits with Boston 1:30 Crossword-HS 2:00 Twin Valley Zoo 3:00 Welcome Tea – PR 6:30 1:1 Visits-HS	17 1:30 Café Visits – BL 3:00 1:1 Visits - BL 6:30 Word Scramble - BL
1:30 Manicures - BL 3:00 Bingo - BL 6:30 Youth Singers - SR	18 <i>No Music Therapist</i> 9:15 Pump It Up!- HS 10:15 Music on the Balcony-HS 1:30 Outdoor Walks – BL 1:30 Craft-HS 3:00 Anglican Service – PR 6:30 Sundaes - BL	19 9:15 Pump It Up!- SR & BL 11:00 Spirit Circle - BL 2:00 Carnival 6:30 Readers' Corner-HS	20 10:15 Balance – BL & HS 10:15 1:1 Visits - BL 1:15 Horticulture with Julie- BL 3:00 Pet Visits with Scarlet 3:00 Manicures - BL	21 9:15 Pump It Up!–BL 10:30 R.C. Communion- PR 1:30 Out & Abouts – BL 1:30 Outdoor Walks – HS 3:00 Church Service- SR 6:00 Pet Visits with Sheika 6:30 Ice Cream Social – HS & G	22 9:15 Pump It Up!-HS 1:00 Cognitive Therapy - BL 2:00 Drop in with our MPP Belinda Karahaliosco-PR 3:30 Café Visits - BL 6:30 Pub Night with Keith Toby - BL	24 9am - 5k MEDA Walk 1:30 Duchess of Bedford High Tea- HS 3:00 1:1 Visits- HS
1:30 Outdoor Walks- HS 3:00 Bingo - BL 6:30 Hymn Sing - SR	25 9:15 Pump It Up!- HS 10:15 Name That Tune - BL 11:00 Chime Choir – PR 1:30 Bowling –BL&HS 3:00 Classical Group -HS 3:00 Humor Me - BL 6:30 Popsicles on the Balcony-HS	26 9:15 Pump It Up!- BL 10:00 Resident Council - SR 11:00 Spirit Circle - PR 1:30 Bingo – BL 4:30 Birthday Dinner Out 2:00 Portuguese Rosary –HS 6:30 Crafts – BL & HS	27 10:15 Balance – BL & HS 1:15 Horticulture with Julie- G 1:30 1:1 Visits - BL 1:30 Lyndon Fishing Pond 3:00 Manicures - BL 3:00 Pet Visits with Scarlet 6:30 Baking - BL	28 9:15 Pump It Up!– BL 10:30 R.C. Communion- PR 1:30 Out & Abouts - BL 1:30 Sundae Party-HS 3:00 Memorial Service– PR 6:00 Pet Visits with Sheika 6:30 1:1 Visits–HS 6:30 Ice Cream Sandwiches – BL &G	29 9:15 Pump It Up!- HS 1:30 Pet Visits with Boston 2:00 Birthday Party with Archie Wright – BL 6:30 Colouring-HS	31 1:30 Euchre - BL 3:00 Active Games - BL 6:30 Calendars - BL