

August 2019

OAKCROSSING NEWS

*1242 Oakcrossing Rd. London On. N6H-0G2 *(519) 641-0023 * www.peoplecare.ca



August 2019 peopleCare
communities

Celebrating August

Rootbeer Float Day!

Tues Aug 6th – 2:15pm – Café

Crafts with Whitehills Child Care

Wednesday Aug 7th – 1:30pm – Café

Dairy Queen Miracle Day Treats

Thursday Aug 8th – 2:00pm – Café
(Sign up by Aug 5th)

Movie Matinee – State Fair

Friday Aug 9th – 2:00pm – Chapel

Catholic Communion

Tuesday Aug 13th – 2:00pm – Chapel

Captain's Lunch

Wednesday Aug 14th – 12:00pm –
Café
(Sign up by Aug 7th)

Residents Council

Monday Aug 19th – 10:30am – Chapel

Fair Themed Birthday Party

Friday Aug 23rd – 2:00pm – Café

"In the Bag" Packing Backpacks

Monday Aug 26th – 10:30am – Café

Happy Hour

Friday Aug 30th – 2:00pm - Cafe



Residents
enjoyed two
bus trips this
month to
Mackies, their
favourite
Port Stanley
lunch spot!

Welcome Home *James G, David M, Theresa O.*

Happy Birthday to
All those born in August!

Resident Name	Date
Jim A.	3 rd
Hilda G.	5 th
Rosina L.	5 th
Dorothy K.	9 th
Carolyn K.	14 th
Michael W.	19 th
Daisy S.	20 th
Douglas S.	21 st
Robert S.	29 th



August Birthdays

In astrology, those born between August 1–22 are Lions of Leo. Leos are natural-born leaders: confident, charismatic, creative, and warmhearted. Leos also use their humor and loyalty to bring people together to work for a common cause.

Those born between August 23rd–31st are Virgo Virgins. Virgos are one of the most careful signs of the zodiac. They pay attention to detail, analyze problems, and plan so as to leave nothing to chance. These amazing listeners give excellent advice

Welcome to the peopleCare Team:

Beverly Q - PSW
Martha B - PSW
Sarah B - PSW
Susan V - PSW
Tess C - Recreation
Maribel G - RN
Joseph G - RN
Sheetal - RN
Disny L - RPN
Merline M - RPN
Suzanne F – Laundry

Hogan Pharmacy Invoices

Any resident/Power of Attorney (POA) that has questions about a resident's invoice or account should be directed to Hogan Pharmacy, Accounts Department at email hpp_accounts@hoganrxgroup.com or by calling to 519-342-3010 ext. 102.



In Memory Of
Albert L.
Terry T.
Ray G.

*Our deepest thoughts and sympathies
go out to the family and friends*

"He spoke well who said that
graves are the footprints of
angels."

~Henry Wadsworth Longfellow

Community Involvement

"In The Bag" Back to School Supply Drive

Help us collect brand-new school supplies to fill as many backpacks as we can, to donate to local charities, to help make back to school an easier process for local families, as part of our Community Involvement Project!

We are looking for (but not limited to) the following donations:

- | | | |
|--------------------|---------------|-----------------|
| - Pencils and Pens | - Backpacks | - Highlighters |
| - Pencil crayons | - Lunch Bags | - Pencil Cases |
| - Crayons | - Rulers | - Calculators |
| - Markers | - Glue sticks | - Geometry Sets |
| - Binders | - Erasers | - Sharpeners |
| - Lined Paper | - Notebooks | - Duo Tangs |

Donations can be made to the box in the lobby or by giving directly to the Recreation Department. Cash donations are also welcome as the resident's will be going out to shop for additional supplies!

Donations can be made before Aug 26th
Thank you in advance for your participation!



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Getty Stock

A message from the Chaplain...

I hope you're having a great summer. We have been enjoying time together in our Spiritual programming, and we love that we have seen some new faces recently. Refer to your calendar and see which programs interest you, and know that you are welcome to come out to all programming. We have made some adjustments to the calendar for the month of August. Some programs have a new time slot, and others just have a new location. If you have any questions, speak to me or your Recreational Therapists. As always, it is a pleasure to serve you, and journey alongside you. Each one of you are important, and loved more than you know.

Yours,
Ellen Bueso, Chaplain
Interfaith Spiritual Care

Messages from the Executive Director

Alcoholic beverages:

Residents can consume alcoholic beverages with the proper consents along with a Doctor's order. Visitors, including the family and friends of residents are no longer permitted to drink alcohol on the Home's property or outdoor areas. Yes, this is a change in past practice. We apologize. However, it is not within the Home's mandate to offer alcohol to anyone other than the Home's residents. At resident events, Oakcrossing staff will offer family and friends non-alcoholic beverages.

When planning a special party at Oakcrossing with your family and friends, the Home has several rooms that can be booked to accommodate these celebrations.

For special family occasions, permission from the Home's Administrator to host an event and obtain a "Special Occasion Permit" must be obtained. A "Special Occasion Permit" for a Private Event can be obtained by contacting the Liquor Control Board of Ontario (LCBO). The family/resident hosting the event must also purchase liability insurance with coverage in the amount of a minimum of \$1,000,000.

Please contact Main Reception at 519-641-0021 ext. 100 to book a room. You can contact Lynda Monik, Executive Director at ext. 103 to obtain permission to host an event offering alcohol.

Accreditation

peopleCare Communities Inc. will participate in an Accreditation Canada process from November 4th-8th, 2019. Information about accreditation will be shared with residents, families, staff, students and volunteers.

Surveyors, will ask to meet with many residents during their visit to the home. Surveyors, will ask to meet with a resident who has lived at the Home for a long time, a new admission, a resident with a wound, a resident who has fallen, a resident who was recently transferred to hospital (returned from hospital) and a resident who experiences behaviours related to their diagnosis.

People Centred Survey for Resident Councils and Family Councils

The Accreditation Co-ordinators would like to thank the Resident Councils and Family Councils for the opportunity to speak at your meetings regarding the upcoming Accreditation. We appreciate the Council members feedback regarding how you wish to continue to provide input and collaborate with the Homes to strengthen the quality and safety of services. In follow up to our discussions, a survey has been developed to ensure the Councils are able to participate to the extent they wish. This survey will be reviewed at your next Council meeting. If you would like to engage in, or provide feedback, regarding the survey, please speak with the Executive Director or Director of Programs

Communication

peopleCare encourages open, two-way communications to establish meaningful relationships with Residents, families and key stakeholders. Utilizing effective and efficient communication strategies supports the shared goal of providing (and improving) quality care.

peopleCare Communities uses different ways to communicate with Residents and families such as the following examples:



Resident Council



Family Council



One Call Now



Surveys



One-on-One meetings



Face to face conversations with the
Clinical staff (Physicians, Nurses)



Care Conferences



Updates (via telephone)



Newsletters



Casual, on the spot (informal)



Website



Information boards



Signage



Mailings



Calendars



Activities



Education sessions



Disclosure

Book Donations

George and Reitta Cox, former residents of PeopleCare Oakcrossing, were among the first couples to move into Peoplecare after its opening in 2010. George Cox lived at the Home for close to a year and a half and passed away in 2011 at the age of 91. Reitta Cox lived at the Home for over 8 and a half years and passed away recently in December 2018, shortly after her 99th birthday. They were part of a large extended family and a number of family members came together to participate in the June 2019 Celebration of Life.

Following the Celebration of Life, Katheleen Ellis, daughter of Reitta and George, donated books authored by her parents to the Oakcrossing Library. The donated books included one titled ***"This is My Story,"*** authored by Reitta, and two books titled ***"I Did It My Way"*** and ***"Stories I Have Told and Thoughts Gladly Shared,"*** authored by George. The Home is very pleased to receive these books.



Back Row: Dan Cox, Rob Ellis, Ann Ellis, Sheila Ellis, Jim Ellis
Front Row: Sue Cox, Suzanne Uren, Katheleen Ellis, Joyce Hawkins, Eileen Banville

Oakcrossing has a volunteer named Glenda who takes care of the library holdings at Oakcrossing. Glenda is the daughter of a resident, and is also a retired librarian. We thank Glenda for her time spent providing our residents such wonderful reading material!

Be sure to stop by the Library located beside the café, to view the donated books, as well look through the great assortment of books provided to us!



Recreation Excursions and Special Events

Throughout the course of the year there will be many fun bus trips and special events planned for residents to participate in, in addition to regular scheduled recreation programs.

We do rely heavily on our volunteers and family members to make these events possible. The more help we have, the more residents are able to participate! So that being said, we encourage family members to attend these events along with your loved one whenever possible.

Bus Trips (Excursions)

To allow for more residents to attend an excursion we ask that family members if wishing to come along, drive separate and meet us there to allow for more room on the bus for residents.

While we understand that many residents would like to attend every excursion or special event, we cannot always accommodate this request. Space is very limited on/at special events and bus excursions. The bus holds approx 10 people, and therefore residents will be offered to attend bus excursions on a rotational basis.



Interested residents will be added to a list and a decision will be made based on prior excursion / special event attendance. The recreation team will ensure there is a fair rotation and that interested residents receive opportunities to participate in excursions and special events offered at Oakcrossing.

We greatly appreciate your understanding and cooperation, as we continue to improve this process

Please note that excursions and some special events that are offered outside of the home are of an extra cost to residents. It is recommended that there is spending money in their trust to cover these costs. Deposits to residents accounts can be done so during business hours.

If you have any questions please don't hesitate to contact the Director of Programs directly at extension 306

OAKCROSSING LONG TERM CARE HOME

Director of Programs and Support Services

TO: Residents, Staff and Family Members

FROM: Lynda Monik, Executive Director

DATE: Tuesday, August 6th, 2019

SUBJECT: Appointment of Cassy Borth
Director of Programs and Support Services



On behalf of the peopleCare Communities Inc. and Oakcrossing, the Home is pleased to announce the appointment of Cassy Borth as the Director of Programs and Support Services. Cassy's appointment is effective Tuesday, August 6th, 2019.

Cassy obtained her education at Niagara College in Welland, ON. Upon successful completion of her studies, she received a Recreation Therapy Diploma, with a certificate in Community Services.

Cassy's most recent work experience was at Middlesex Terrace as the Director of Programs and Support Services. Cassy started her career as a Recreation/ Restorative care aide at other homes in Stratford and Milverton area, where she then stepped into the Recreation Director position.

The Director of Programs and Support Services is responsible for supporting the Resident's Council, Family Council, coordinating Support Services provided by a Chaplain, Dental Hygienist, Music Therapy, Occupational Therapist, Optometrist, Pet Therapy, Physiotherapist, Social Worker, the Tuck Shop and purchased services including Audiology, Art Therapist, Chiropodist, entertainment, Esthetician, Hairdresser, Massage Therapy, Mobility Maintenance/Wheelchair Assessments, other Optometry services and Speech Language Therapy etc.

Cassy's office will be located on the 3rd floor by the resident Home area Norway Spruce.

To contact Cassy, please call 519-641-0021 ext. 306 after August 6th 2019

Please take the opportunity to welcome Cassy to Oakcrossing.

Living the peopleCare Values

EXCELLENCE

Exceed Expectations

Do you do your best work, each
and every day?

Strive to be better than the rest



Check us out, and like us on
Facebook!

<https://www.facebook.com/PeopleCareCommunities/>

**Newsletters and calendars can be accessed
online at www.peoplecare.ca under the
specific peopleCare Community location**

Volunteers

We are always looking for volunteers to
assist in many areas around the home.

Bingo volunteers, portering for
programs, one to one visitors, outing
volunteers, etc. There are volunteer
packages located at the front desk, if
you or anyone you know wishes to
become a volunteer at Oakcrossing!
Contact the Director of Programs at
x306 for inquiries

Home Improvements:

Heat and Humidity

We appreciate your patience and understanding as the Home dealt with issues related to the heating, ventilation and air conditioning (HVAC) unit this past month.

Parking

Please note that the inner circle at the front of the Home is a Fire Route. Emergency vehicles (Police, Fire and Ambulance) need to access this area in an emergency.

When emergency vehicles cannot access the Home, resident/family and staff safety is jeopardized. Alternate parking is available at the back of the Home and on the street and has a 2 hour limit.

Thank you for your cooperation

3RD Floor Servery

A portion of the floor in the third floor servery, White Pines area needs to be repaired. The repairs are expected to take place in August 2019. Residents/families and staff will be advised of the date(s) of the work. A staggered meal service will be offered; meal time starts will be staggered by 15 minutes for the 3rd floor White Pines and Norway Spruce Home areas. Please stay tuned!

peopleCare is here for you!

peopleCare recognizes that we cannot thrive without the hard work and dedication our employees make every day in all our Homes. Please remember all of the programs that peopleCare has to assist you in your personal lives, educational pursuits and employee recognition! If you are unfamiliar with any of the following, please speak to your manager:

- Employee Assistance Program
- Education Assistance Program
- HEARTbeats Rewards and Recognition Program
- Disaster Relief Fund

Name: _____ Date: _____

Summer Word Search

G	S	G	R	V	S	B	L	O	H	J	P
T	U	F	O	R	W	N	K	Q	N	P	M
M	M	H	B	Z	I	H	O	T	O	L	B
V	M	S	U	Y	M	I	P	E	I	S	U
P	E	Z	G	Z	S	S	M	G	T	S	V
F	R	K	S	M	U	E	K	B	A	P	N
L	J	N	O	B	I	S	A	L	C	C	E
N	O	I	V	T	T	S	X	M	A	H	N
N	L	V	W	S	E	A	J	U	V	M	U
D	V	P	U	B	B	L	O	O	P	X	J
X	T	G	A	J	N	G	H	G	R	S	U
U	U	L	A	B	J	N	R	C	T	F	L
A	L	X	O	A	W	U	J	I	A	T	Y
V	H	C	S	U	N	S	C	R	E	E	N
Y	P	E	R	O	S	U	N	N	Y	K	B
E	D	A	N	O	M	E	L	J	F	U	B

SUMMER	BEACH	JUNE
SUNNY	SWIMSUIT	JULY
SUNSCREEN	BUGS	HOT
POOL	VACATION	AUGUST
LEMONADE	BASEBALL	SUNGLASSES





Summer Days Word Scramble

Unscramble the words, then use the highlighted letters to figure out the secret message.

Hint: The secret message is scrambled too.

cheab

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ensrsecun

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esbablal

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oplo

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iacnotva

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reamwntelo

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