

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
				1 9:45 Art Studio-CL 10:30 RC Communion-D 10:30 Chime Choir-AL 1:15 Library Visits 1:15 Outside Walks 1:30 Balance Class-CL 2:00 Calendar Visits 2:30 Bingo-DR 7:00 Ladies Night-AL	2 9:45 Bowling-AL 10:45 Pump It Up-CL 11:00 Fit Minds/Trivia 2:00 Popsicles in the Courtyard-CY 3:00 Word Games-CL 7:30 Story Time -AL	3 10:45 Bean Bag Toss - AL 1:45 Crafter's Corner - AL 3:00 Fit Minds 7:30 Happy Hour- CL
4 10:45 Tea & Reminisce -CL 2:00 Church – Tavistock Bible Chapel-AL 3:15 Bocce Ball- AL	5 9:45 Word Games-AL 11:00 Gardening-CY 1:00 Spiritual Visits 2:00 Men's Club-CL 2:15 Choir-AL 3:00 Art with Margaret 3:15 Tai Chi and Guided Imagery-CL 7:30 Manicures	6 9:45 Reader's Theatre-AL 9:45 Sensory Visits 10:45 Pump It Up-CL 11:00 Euchre/Board Games-AL 11:00 Quality of Life Surveys 1:30 Balance Class-AL 2:30 Bingo-DR 4:00 Tai Chi and Guided Imagery - CL 6:30 It's Your Choice	7 9:45 Current Events-AL 10:45 Pump It Up-AL 11:00 Manicures 1:15 Email Visits 2:30 Music with Sandy MacDonald-DR 4:00 Crokinole - AL 6:30 Book Club - AL	8 9:45 Art Studio-CL 10:30 RC Communion-D 10:30 Chime Choir-AL 1:00 Library Visits 1:30 Movie Mania at the Library: Moana 1:30 Balance Class-CL 2:00 Fall Fair Prep - AL 3:15 Crokinole - AL 7:30 Ring Toss-AL	9 9:45 Bowling-AL 10:45 Pump It Up-CL 11:00 Fit Minds/Trivia 2:00 The Price Is Right-AL 3:15 Quality of Life Surveys	10 10:45 Card/Board Games-AL 1:45 Watermelon Social - CY
11 10:45 Tea & Reminisce-AL 2:00 Church – Trinity Lutheran-AL 3:15 Outside Walks	12 9:45 Word Games-AL 10:45 Pump It Up-AL 11:00 Gardening 1:00 Spiritual Visits 2:15 Choir-AL 3:00 Art with Margaret	13 9:45 Reader's Theatre-AL 9:45 Sensory Visits 10:45 Pump It Up-CL 11:00 Euchre/Board Games-AL 1:15 Outside Walks 1:30 Balance Class-AL 2:30 Reader's Theatre Presentation-DR 2:30 Bean Bag Toss -AL 4:00 Walk & Talk 6:45 Bingo-DR	14 9:45 Current Events-AL 10:45 Pump It Up-AL 11:00 Manicures 1:15 Email Visits 2:30 Book Club-AL 3:00 Happy Hour- CL 4:00 Crokinole - AL 6:00 Stratford's Music In The Park Excursion	15 9:45 Art Studio-CL 10:30 RC Communion-D 10:30 Chime Choir-AL 1:15 Library Visits 1:15 Outside Walks 1:30 Balance Class-CL 2:30 Bingo-DR 2:30 Gardening-CY 7:00 Satchell Band-AL	16 9:45 Bowling-AL 10:45 Pump It Up-CL 11:00 Fit Minds/Trivia 12:45 One to One Visits 2:30 Hangman- AL 3:15 Quality of Life Surveys 3:30 Crokinole - CL	17 10:45 Bocce Ball-CL 1:45 Float Café-CY 3:00 Sensory Visits 7:30 Spelling Bee
18 10:45 Tea & Reminisce - AL 2:00 Church – Grace United-AL 3:15 Manicures	19 9:30-11:30 Spa Visits 9:45 Word Games - CL 10:45 Pump It Up-AL 11:00 Sensory Visits 1:00 Spiritual Visits 1:15 Quality of Life Surveys 2:00 Men's Club-CL 2:15 Choir-AL 3:00 Art with Margaret 3:15 Tai Chi and Guided Imagery - CL 7:30 Snack & Social- CL	20 9:45 Reader's Theatre-AL 9:45 Fall Fair Prep -CL 10:45 Pump It Up-CL 11:00 Recreation Meeting 1:30 Balance Class-AL 2:30 Mindfulness Colouring-AL 4:00 Tai Chi and Guided Imagery-CL 6:30 Shuffle Board- AL	21 9:45 Current Events-AL 10:45 Pump It Up-AL 12:00 Welcome Lunch-AL 1:15 Email Visits 2:30 Music with Shakey-DR 4:00 Sensory Visits 6:30 Book Club-AL	22 9:45 Art Studio-CL 10:30 RC Mass-D 1:15 Library Visits 1:15 Outside Walks 1:30 Balance Class-CL 2:30 Bingo-DR 2:30 Gardening-CY 5:00 Campfire Outing to the Wettlaufer Farm!	23 9:45 Bowling-AL 10:45 Pump It Up-CL 11:30 Lunch at Quehls 1:15 Outside Walks 2:30 Horse Races-DR 7:30 Comedy Hour- CL	24 10:45 Bean Bag Toss-AL 1:45 Movie & Munchies-CL 7:30 It's Your Choice
25 10:45 Tea & Reminisce-AL 2:00 Church – Missionary Church-AL	26 9:45 Resident Council-CL 10:45 Pump It Up-AL 11:00 Gardening-CY 1:15 One to One Visits 2:00 Word Games-AL 2:00 Men's Club-CL 3:15 Tai Chi Guided Imagery-CL 7:30 Ring Toss-AL	27 9:45 Reader's Theatre-AL 10:45 Pump It Up-CL 12:00 Fundraiser BBQ-CY 1:15 One to One Visits 1:30 Balance Class-AL 2:30 Birthday Tea-DR 6:45 Bingo-DR	28 9:45 Current Events-AL 10:45 Pump It Up-AL 11:00 Manicures 3:00 Have You Ever Game-AL 3:15 One to One Visits 7:30 Story Time-AL	29 10:30 RC Communion-D 1:15 Library Visits 1:15 Outside Walks 1:30 Balance Class-CL 2:30 Bingo-DR 2:30 It's Your Choice 7:00 Campfire with Conn (Side parking lot)	30 9:45 Bowling-AL 10:45 Pump It Up-CL 11:00 Fit Minds/Trivia 2:00 Front Porch Travelers-AL 3:15 Outside Walks 7:30 Who Am I- AL	31 10:45 Manicures- AL 1:45 Chair Yoga- CL 3:00 Shuffle Board- AL 7:30 Reminisce- AL

Lindsay Hicks and Tammy Smith are your Full Time Recreationists

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