

October 2019

Meaford Messages

Meaford Long Term Care * 135 William Street – Meaford ON * 519-538-1010 * www.peoplecare.ca



Celebrating October

National Seniors Day!
October 1st

Friendly Bunch
October 1st

Musical Production from Janco
October 3rd

Scarecrow Parade
October 4th

Birthday Party with
Michael Semenuk
October 5th

Happy Thanksgiving!!
October 14th

Resident's Council
October 16th

Music with Helen Stewart
October 21st

Halloween Party
October 31st

peopleCare
communities

Accreditation Update

As you are aware, accreditation is taking place from Monday, November 4th through to Friday, November 8th, 2019.

Accreditation assesses an organization against standards of excellence to identify what is being done well and what needs improvement with the goal of enhancing quality and safety, reducing risk and increasing efficiencies. This involves all members of peopleCare team from owners, staff, residents, families, and community partners.

Dion Mouland will be the Team Lead for the Accreditation; he is surveying with Lori Turcotte. Dion works in continuing care system in Halifax, Nova Scotia, while Lori works in long term care in the Niagara Region.

Please help us in welcoming Dion and Lori to the peopleCare Homes.

Welcome Home

Donald G
Catherine Y
Mae B
Rosemary N

Happy Birthday to
All those born in October!

Bob A - 3rd
Catherine Y - 4th
Doug H - 12th
Rosemary N - 13th
Beth H - 22nd
Jenn B - 27th
Art D - 28th
Tom G - 29th

Auxiliary Apple Pie Fundraiser!!

Pies are available for Pick-Up October 1st to 4th through the Recreation Department.

\$10 for a homemade frozen Apple Pie.

Proceeds go back to the Auxiliary, in support of enriching the lives of our residents.



Check us out, and like us on
Facebook!

<https://www.facebook.com/PeopleCareCommunities/>

Newsletters and calendars can be accessed online at www.peoplecare.ca under the specific peopleCare Community location

Family Council Meeting

ALL FAMILY MEMBERS ARE INVITED
TO JOIN US IN THE UNIT 1 FRONT
LOUNGE ON WEDNESDAY OCTOBER 16,
2019 AT 2PM FOR OUR

FAMILY COUNCIL **MEETING.**

THIS MEETING IS OPTIONAL.

OUR GUEST THIS QUARTER IS
ERNA KOENIG, DIRECTOR OF
COMMUNICATIONS.

FOR MORE INFORMATION SPEAK TO
JENNY, SOCIAL WORKER.

We Welcome the Meaford Knights back to Meaford Long Term Care! They will be joining us on some Monday and Tuesday afternoon's for programs! Meaford LTC looks forward to cheering the Knights on this season!

GO KNIGHTS GO!!

In Memory Of

Keith T

Margaret P

Jean W

*Our deepest thoughts and sympathies
go out to the family and friends*

*"He spoke well who said that graves
are the footprints of angels."*



“In-Door to Door Trick-or-Treating”

On Thursday, October 31st, the residents will have candy available for all trick-or-treaters throughout the day and evening. Please bring your children by, show of those costumes, and have a treat in a safe, dry, in-door environment!

Meaford LTC Quality Improvement Plan for 2019/2020

“Improvement Targets and Initiatives”

Our focus for 2019/2020 Quality Improvement is on the following:

- Tracking the number of Emergency room visits in comparison to 2018 with the hopes of decreasing visits from 6 to 4
- Maintaining patient-centered care with a focus on resident satisfaction survey result responses at 90-96% satisfaction
- Tracking complaints received, with 100% being responded to within 10 days
- Safe and effective care with the focus on palliation and decreasing falls with injury from 9% to %5 or less.

Please see our Information Board in the Service Hallway or speak to our Leadership Team for more information about our initiatives.

Why Getting the Flu Shot Matters

This year more than ever before

Every autumn we hear the same message: Get the Flu Shot! And every year too many of us do not. Some think “oh I never get sick.” Others question the effectiveness of the vaccine. But did you know that statistics show one flu shot can save up to 8 lives?!

That’s because when we get our flu shot, not only do we protect ourselves from getting sick (or at least reduce the severity of symptoms if we do get the flu), we also help stop the spread of the virus to others. This includes seniors, children, and anyone with chronic health conditions that puts them at increased risk for serious complications – or even death – from the flu.

Based on the experience of countries in the southern hemisphere, where flu season occurs earlier than here in Canada, experts are warning our upcoming flu season could be a rough one. In fact, Australia’s flu season started early this year and was the worst on record: 254,000 confirmed cases as of mid-September, with 587 deaths, the majority of which were elderly people. By comparison, in 2018 there were only 52,000 confirmed cases and 73 deaths. Seems getting our flu shot this year is more important than ever.

Throughout October, residents and staff will receive their flu shot at the Home, supporting our goal to improve the immunization rates at every peopleCare Home. Families, volunteers and other visitors have lots of convenient options for getting their shot including local pharmacies and Public Health flu shot clinics (watch our bulletin boards for dates, times and locations).

Flu viruses spread quickly through coughing, sneezing and touching contaminated surfaces like doorknobs or unwashed hands. So, in addition to getting your flu shot, you can also easily help reduce the spread of influenza and other viruses like colds if you:

- Wash your hands often with soap and warm water, or use an alcohol-based hand sanitizer
- Cough and sneeze into your sleeve or a tissue that you use only once before discarding
- Postpone visiting the Home if you are sick, or wear a mask if you feel unwell

This year, join us in staying healthy and stopping the spread of influenza – get your flu shot. Do it for us all!

From the Desk of Paul

Hello everyone, summer held on nicely and we have enjoyed the weather and the outdoor fall sunshine. This has been a busy month and we have a good deal of news to share. Being a new commuter to the Meaford area, I must say how wonderful the town looks with the Scarecrow Invasion in full colour. This is a fantastic way to celebrate fall.

On with the news... we would like to wish our Director of Programs, Katrina Tolton and her family, all the best as she begins her leave, awaiting their newest arrival. Thank you and your team for putting on a well-deserved Volunteer Appreciation Luncheon this past month. Thank you again to our Volunteers whose thoughtfulness, helps make Meaford LTC, such a warm and kind home.

We would like to welcome our new Director of Programs, Kori Lee Martin to our home. We are happy she has chosen to join our team. Please be sure to stop in to say hello.

By the time you are reading this, we will be about 30 days out from our Accreditation Canada survey. Please read up on the Survey process on our Accreditation board, located in home area 1. Thank you to our Leadership support members Erna Koning and Susan Veenstra for helping us stay on track and to Sandy Sewell for keeping the focus on in our home during the past three months.

And more, GREAT NEWS! peopleCare is thrilled to share that the Ministry of Long-Term Care has awarded us 51 much-needed new long-term care beds in the town of Meaford, Ontario. The new beds will make it possible for more seniors to remain in the community they know and love, while receiving the quality care and services they need and deserve.

The announcement was made by Dr. Merrilee Fullerton, Minister of Long-Term Care, alongside Bill Walker, MPP for Bruce-Grey-Owen Sound.

We will keep everyone posted on any new information including site location and timing of construction, as it is made available. Our new Long-term care home will provide for 128 residents, once completed. Please visit our peopleCare.ca website for more information regarding this announcement.



We would like everyone to spread the word about employment opportunities we have available now in peopleCare Meaford LTC. We have positions available in most departments. We are a sustainable employer and one of the largest employers in Meaford!! Start your career in healthcare today. Speak to one of our Leadership team members.

Thank you to Paul from Ride on bikes of Meaford, for graciously repairing a tire on our new tandem bike allowing us to once again get back on the road. Thank you to Bills Valu-mart for providing us temporary freezer space while a repair was completed.

All of us at Meaford Long Term Care, would like to wish our residents and families a Happy Thanksgiving!

Best Regards

Paul