

December 2019

Goudie Gazette

peopleCare A.R. Goudie Kitchener 369 Frederick St. *519-744-5182* 519-744-3887*



Celebrating December

- 2nd – Salvation Army Carol sing along
- 4th – Resident & Family Christmas Open House
- 11th – A.R. Goudie Joyful Voices Concert
- 12th – Excursion to Dunfield Theatre “Elf”
- 18th – Birthday Party with Pat & Larry
- 18th – KW House Choir
- 19th – Christmas with St. Anne’s
- 19th – Ugly Sweater & Hat Christmas Party
- 20th – KPL Library visits
- 23rd – Resident council meeting

** refer to your activity calendar for locations and times*

HAPPY HOLIDAYS FROM



Welcome Home

Howard H.

Happy Birthday to
All those born in December!

Resident Name	Date
Maria B.	December 6 th
Marcie S.	December 10 th
Mervyn V.	December 18 th
Ada H.	December 25 th
Ingrid N.	December 27 th



Flower: Narcissus

Birthstone: Turquoise

December Birthdays

In astrology, those born between December 1–21 are centaur archers of Sagittarius. Archers are curious, energetic, and enjoy change, the restless travelers of the zodiac. They are funny and enthusiastic, cherishing freedom as their greatest treasure. Those born between December 22–31 are the horned goats of Capricorn. As goats climb to great heights, Capricorns strive to get to the top, using discipline and common sense to find fame, prestige, and money.

Christmas Reminders for Families

A reminder to all families that if you plan on taking out your family member or friend on Christmas Day to please let us know in advance so that we can ensure that everything (i.e.; medications, etc.) is prepared when you arrive. Please let the Charge Nurse know the date and times of your outings.

The Recreation Team is happy to deliver Christmas gifts to your loved ones on Christmas Day if you are unable to be here. The gift can be given to one of the Recreation Team Members with the residents name clearly marked on it, and we will safely store it until Christmas day.



In Memory Of

Janet C.
Rosemary H.

Our deepest thoughts and sympathies go out to the family and friends

"He spoke well who said that graves are the footprints of angels."

~Henry Wadsworth Longfellow

A.R. Goudie Resident and Family Christmas Open House!

When: Wednesday, December 4th, 2019

Where: The Grand Hall (GH)

Time: 6:00pm - 8:00pm

Cost: Complimentary



Come and join us for a fun evening as we celebrate the holiday season in style! Entertainment, Appetizers and Beverages will be provided.



A.R. Goudie Joyful **Voices Choir Recital**

When- Wednesday, December 11th, 2019

Where- peopleCare A.R. Goudie Grand Hall

Time- Recital starts promptly at 2:30pm

Who- All families, friends and visitors are welcome to attend; especially those of the resident choir members. There will be some refreshments afterwards!



From the Desk of Florin

Hello everyone,

December! – The Holiday season is upon us and snow is here! Our home is nicely decorated for the season, thanks to our wonderful Recreation Team.

As the year is coming to the end, we are counting all the great successes we were able to achieve thanks to our residents, families, staff, volunteers, partner and donors.

2019 was a very positive year for peopleCare's Beyond Ourselves initiatives and together we were able to raise more than our goal \$100,000! This will help MEDA's Nigeria Way project to support women and youth entrepreneurs to earn a sustainable living and contribute to the collective welfare of their communities

During the month of November, we had an AMAZING outcome from our Accreditation surveyors obtaining a score of 99.9%. This is an excellent quality achievement for our organization, showing all the great things that we are doing for our residents.

We would like to congratulate and thank all the residents, family, volunteers, staff, Leadership Team and Leadership Support through peopleCare for all their hard work and dedication, not only through the Accreditation process, but always.



Congratulations to the following team members who were recognized through our Heart Beats Program during the month of October and November:

Ruth B, Rachel K, Nada J, and Maria T.

Thank you for your hard work and dedication!

I would like to remind families to have one last look in your loved ones closets and change out any seasonal clothing. As a reminder please complete the new clothing inventory sheet with a team member to ensure new items are labelled. Remember families and visitors that it is not too late to get your Flu shot at local pharmacies and clinics.

Our Snowflake Bazaar was a success and raised \$850.00 for our resident's recreation programs and activities. Thank you to all our volunteers, team members and vendors who made this event possible.

On Wednesday, December 4th at 6:00pm please join us for our annual Resident and Family Christmas Open House in the Grand Hall. This is a time to relax with families and residents and we look forward to seeing you all here. Join us for refreshments and entertainment.

Merry Christmas and Happy New Year! - Florin Perte

Chaplain's Chat

For unto us a child is born, unto us a son is given, and the government shall be upon his shoulder. And his name shall be called

*Wonderful, Counselor,
The Mighty God,
The Everlasting Father,
The Prince of Peace.*



With all the trimmings and decoration set up who could really miss Christmas? As you look around one can see trees, lights, wrapping paper, decorations, parades, food preparations, presents and of course the candy and those extra treats of many varieties and the rushing around. Who could not miss Christmas but it seems that Christmas can get buried in a sea of busy consumerism missing what happened many years ago.

If you think this is just something that happened recently- it's not - when Christmas happened in Bethlehem most people missed it then too.

In Luke chapter 2 is the story of the birth of Christ and as verse 7 of that story reads: "And she (Mary) brought forth her first born son and wrapped Him in swaddling cloth (really, they weren't clothes really, they were just long strips of cloth) and laid Him in a manger because there was no room for them in the inn."

The first person who missed Christmas was the innkeeper. It was right in front of him but he missed it. He had to confront a pregnant woman and her husband but he had no room for them. And so he missed it.

Perhaps the innkeeper was preoccupied due to the fact that his inn was full. At this time there was a census in Bethlehem and the city was literally bulging with everybody who ever had any ancestry there and they were coming to Bethlehem since it was the city of David. Those who were in the line of David were expected to be there. Since Joseph and Mary belonged to the line of David they made the journey to Bethlehem. Again, a city that was bursting with people. The innkeeper who greeted them was busy caring for his guests who had paid for the service. The inn keeper wasn't hostile and he wasn't unloving and he wasn't unsympathetic and he wasn't really indifferent he was just busy. Just really busy. I guess there are a lot of people like that when it comes to Christmas. The chambers of their souls are filled with needless things, filled with human interests, filled with the stuff that doesn't matter and they get caught up in the busyness of their life and they miss the Christ of God.

*Glory to God in the
highest, and on earth
peace among those
with whom he is
pleased!*

Luke 2:14

The mass of people in Jerusalem also missed Christmas as well. The birth of Christ took place only a few miles away which was the fulfillment of all their dreams and hopes – the event that would change the destiny of the world – but they missed it. Why did they miss it? Religion. They were so busy with the rituals of their religion that they missed the reality of His birth. When Jesus asked His disciples, "Who do people say that the Son of Man is?" ([Matthew 16:13](#)), their answer was: "Some say John the Baptist; and others, Elijah; but still others, Jeremiah, or one of the prophets" (v. 14). All the speculations were wrong. Jesus didn't fit into the religious system of His day. And the people knew He didn't after He gave the Sermon on the Mount.

This year let's slow down and really look to find the Christ of Christmas and not be like those in history and miss what is right in front of us.

Have a blessed Christmas,

Wil S.

A.R. Goudie Snowflake Bazaar!



Thank you to everyone for coming out to this wonderful event, your support is greatly appreciated!

Symphony Recital..



A very special thank you to the KW Sympphony and Kathy Robertson for the excellent recital!



Beyond Ourselves

peopleCare
communities

2019 Fundraising at a Glance

WE DID IT!

In 2019, we surpassed our Beyond Ourselves fundraising targets, thanks to our donors, partners, volunteers and staff – who gave so generously of their time, energy and resources to our organization and home-level events. That means more money is available to fund MEDA's important work to help women and youth in Nigeria through the WAY project. Thank you for



collectively supporting our commitment to invest for social impact in our local communities and around the globe.

OUR CAMPAIGN GOAL!



WW2G TREK



57 Trekkers



4 Days



100km of Bruce Trail hiked



18 Partner Organizations



GOLF TOURNAMENT



99 Golfers

33%

Increase in Participation



14 Event Sponsors



17 Contest Winners



HOME-LED ACTIVITIES



8 Homes



20+ Fundraising Events



849 Engaged Residents



Countless Staff Volunteer Hours

SIGNATURE SPONSORS



srm Architects Inc.



Keith & Diane
Wettlaufer





Please see below the new price list for the house call services offered by Natural Sight and Sound to our residents. Contact us for more information.

2020 PRICE LIST

PHONE 519-660-3555 TO BOOK HOUSE CALL

DENTAL

Our prices are less than dentist office fees

Dental Hygiene New Patient Exam	\$80
Emergency Exam	\$80
Dental Exam of Previous Patient	\$30
Scaling per unit	\$54.80
Polish per unit	\$16.39
Fluoride	\$21.86
Cleaning of Dentures	\$50
Temporary Fillings	\$60 and up
Referral Services	Free
Denture Consultation with Denturist	FREE when treatment started or \$120
Labelling of denture	\$50
Reline per denture	\$375-600 (soft liner) and up
Repairs	\$140 and up
Additions	\$186 and up
New complete denture	\$1950 and up
New partial denture	\$1950 and up

OPTICAL

Optical Consultation at Exam	Free
Optical Exam/Testing	Covered by OHIP over 65yrs Plus \$79 House Call fee
Glasses	\$350 and up incl. delivery & adjusting
Repairs	\$40 and up

AUDIOLOGY

Audiology Consultation	at Exam	Free
Audiology Exam/Testing		\$100
Hearing Aids		\$3000 approx. minus ADP subsidy + insurance
Batteries		\$40 per box
Repairs		Often covered by warranty



Check us out, and like us on Facebook by typing in "peopleCare Communities" <https://www.facebook.com/PeopleCareCommunities/>

Visit www.peoplecare.ca to download our latest program calendars and newsletters, and to learn what's new at peopleCare Communities



Living the peopleCare Values

PROFESSIONALISM

Act with Knowledge

Develop Skills

Dress for your Customer

Choose a Positive Attitude

Have you attended

Caring with HEART

customer Service training?

HEARTbeats

Congratulations to our October Draw Winners!

Susan N.

Wil S.

They have received a \$25 gift card for displaying the peopleCare Values!

Thank you for all you do!



Resident, Family & Visitor Reminders

With the holiday season upon us, A reminder to all families and visitors that **you must give 24-hour's notice if you will be attending meal service.** You must purchase your meal ticket from reception. Lunch tickets are \$10 and dinner tickets are \$7. We unfortunately cannot accommodate last minute requests.

Also with Christmas just around the corner, a reminder to families that if you wish to have a special dinner in the home in the month of December and require a larger space to host it then you must book it with the Recreation Department ASAP. There are minimal spots left for the month as we have received numerous bookings for the entire holiday season.

peopleCare Is here for you!

peopleCare recognizes that we cannot thrive without the hard work and dedication our employees make every day in all our Homes. Please remember all of the programs that peopleCare has to assist you in your personal lives, educational pursuits and employee recognition! If you are unfamiliar with any of the following, please speak to your manager:

- Employee Assistance Program
- Education Assistance Program
- HEARTbeats Rewards and Recognition Program
- Disaster Relief Fun

Christmas Word Search

Level 4



G L E T W C R S T O C K I N G
Y I P I D A E R B R E G N I G
A C O V T R P Y A E C E F F U
R E A S L E Q I X O C T A P Z
E M I R Y H A U D P S A J O N
S E A P O B E T H L E H E M I
N R U L O L D O N T F O S P U
A R L S L E I G H A A S U D O
M Y N O K L T T O Y S I S H R
W C E N E M E S I W F E T A N
O B M K A J L O Z Y E G V M A
N E R N O L U H M G O T E L M
S O G I E O Y D N A C X O N E
V E R B I J O T H U W B K A N
R E E D N I E R Q C A E E R T



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|----------------|--------------|--------------|
| 1. Bells | 9. Holly | 17. Sleigh |
| 2. Bethlehem | 10. Jesus | 18. Snowman |
| 3. Candy | 11. Manger | 19. Star |
| 4. Carol | 12. Merry | 20. Stocking |
| 5. Christmas | 13. Ornament | 21. Toys |
| 6. Elves | 14. Peace | 22. Tree |
| 7. Gifts | 15. Reindeer | 23. Wisemen |
| 8. Gingerbread | 16. Santa | 24. Yuletide |