

HILLTOP HERALD

peopleCare Hilltop Manor* 42 Elliott St, Cambridge * 519-621-3067 * www.peoplecare.ca



Celebrating December *Hilltop Choir*

Monday December 9th at 3pm
in the Preston Dining Room

Light Tour Outings

Monday Dec 16th
Tuesday December 17th
Sign up

Santa's Breakfast

Saturday December 21st
9am Breakfast

Family Christmas Dinner

Wednesday Dec 18th – RSVP to
Reception or Brent Morrison

Christmas Service with Daria

December 24th at 3pm in the
Preston Dining Room

New Year's Eve

Tuesday December 31st
6:30 Ringing in the New Year
with Jamie R- BL

December 2019

The 2019 Resident Council Bazaar was a success!!
Thank you to all those who stopped by to support the
great cause, all funds raised go the "Breakfast with
Santa" program. Special thanks to Deborah and
Melissa, Raj and her family and Brenda for supporting
the event!



Welcome Home

**Doris, Mable, Joan, Dianne,
Marjorie, Gert, Bruna and Mira**

Happy Birthday to
All those born in December!

Resident Name	Date	Resident Name	Date
Shirley K	3 rd	Greg G	14 th
Enid C	3 rd	Mary C	17 th
Maria D	6 th	Maria P	18 th
Ray D	6 th	Eleanor W	21 st
Maria M	8 th	Maria V	23 rd
Erik G	8 th	Marian M	24 th
Lisa O	8 th	May G	27 th
David S	9 th	Juana O	27 th
Maria C	11 th	Carol U	29 th
Marion F	12 th	James P	30 th
James B	12 th	Fred W	30 th
Melanie S	13 th	Bruce B	31 st

Flower: Narcissus
Birthstone: Turquoise



December Birthdays

In astrology, those born between December 1–21 are centaur archers of Sagittarius. Archers are curious, energetic, and enjoy change, the restless travelers of the zodiac. They are funny and enthusiastic, cherishing freedom as their greatest treasure.

Those born between December 22–31 are the horned goats of Capricorn. As goats climb to great heights, Capricorns strive to get to the top, using discipline and common sense to find fame, prestige, and money.

Christmas Events in Home!

Reminder to RSVP for the following:

**Christmas Dinner December 18th at
5pm. RSVP by December 11th**

**Breakfast with Santa Saturday
December 21st at 9am RSVP by
December 6th**

Both events can be RSVP'd with Reception.



In Memory Of



Jean
Mia
Anne
Bernice
Jean
Betty
Joan
Ruby
Nancy
Brenda
John

*Our deepest thoughts and sympathies go
out to the family and friends*

"He spoke well who said that graves
are the footprints of angels."

~Henry Wadsworth Longfellow

Message from the Executive Director

Dear Residents, Families and Loved Ones,

November was an incredibly busy month at Hilltop with Accreditation, followed by our Movember fundraising campaign and Residents' Council Christmas Bazaar. It was great to get to see many of you at the Bazaar! Thank you to all the staff, residents and loved ones who helped to make this day a success.

Our accreditation survey went extremely well. Two surveyors spent a week in our homes reviewing 451 quality standards. peopleCare as an organization missed just three, giving us a result of 99.9%. We could not have achieved this result without the support of our Resident and Family Councils, staff, volunteers, leaders and broader community, all of whom were engaged in this process. Please accept my heartfelt thanks. I am proud of Hilltop Manor.

We are looking forward to seeing you at our Resident Christmas Dinner on Wednesday, December 18th at 5pm (RSVP by December 11th). Also a reminder that Santa is coming to breakfast at Hilltop Manor on Saturday, December 21st, 9am is Breakfast and Santa will arrive at 10am. Please RSVP to front desk by December 6th if you plan to attend.

A reminder regarding winter safety! Please remove wet footwear as you enter the building in order to ensure no slippery puddles inside the building. There are also salt bins with disposable cups at each entrance. Please apply salt to any slippery outdoor areas you may observe. Let's make this a safe and fall-free winter.

Thank you to all of you who supported us in exceeding our fundraising goal for MEDA this year. Hilltop Manor raised over \$2600 from the various events we held throughout 2019, exceeding our goal of \$2500.

Construction on Elliott Street is nearly complete and we anticipate that our driveway will reopen permanently in mid-December. Thank you for your patience over these last six months. You will soon notice some new signage in our parking lot. We continue to have challenges with people parking illegally and this has resulted in several tickets being issued. In one case a car was removed by tow truck. Our aim with the new signage is to provide greater clarity on where people may park. Bylaw patrols our lot daily and have issued fines of up to \$81. It is imperative that we maintain safe access for emergency vehicles and services we rely on.

I would like to welcome our newest addition to the leadership team. Harpreet Batth has joined us as Assistant Director of Food Services. Harpreet comes to us with a wealth of experience in food service and dietetics. She has her Nutrition Manager credentials from the Canadian Society of Nutrition Management and is a dietitian in India. Harpreet is working towards her Registered Dietitian credentials in Canada. We are excited to have her as part of our team – please say hello when you see her!

Finally, on behalf of peopleCare Hilltop Manor, wishing all of you the best for Christmas and the Holiday Season.

Sincerely,

Mike Dickin

A Note about Gift Giving

It's the gift giving time of year! Many purchase clothing for their loved ones. Please remember to have these items brought to laundry by your home area nursing staff for proper labelling. We would be happy to label before Christmas so that it can be prepared prior to wrapping!

As well as clothing, many residents receive electronics. Please note these items need to be approved by the maintenance department prior to use in the home. If these gizmos need batteries, please ensure your loved one has the correct number and size. Unfortunately, the maintenance department does not supply batteries for any resident belongings, including TV remotes.

From the Environmental Department,
have a happy, healthy and clean season!



FESTIVE Hair Salon Hours

BOOK YOUR APPOINTMENT NOW TO AVOID DISAPPOINTMENT

Date	Hours
DEC 22	9AM to 4PM
DEC 24	9AM to 4PM
DEC 25 - DEC 29	CLOSED
DEC 30	9:30AM to 2PM
DEC 31	9:30-2PM
JAN 1 (New Years Day)	CLOSED
JAN 2 - JAN 3	9:30AM TO 2PM

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Family Council Drop in

WEDNESDAY, DECEMBER 11th
FROM 6PM - 7PM
IN THE FRONT LOBBY

HOT CHOCOLATE, CIDER AND GOODIES

COME MEET YOUR FAMILY COUNCIL MEMBERS!



Check us out, and like us on Facebook by typing in "peopleCare Communities"
<https://www.facebook.com/PeopleCareCommunities/>

Visit www.peoplecare.ca to download our latest program calendars and newsletters, and to learn what's new at peopleCare Communities



Living the peopleCare Values

PROFESSIONALISM

Act with Knowledge

Develop Skills

Dress for your Customer

Choose a Positive Attitude

Have you attended

Caring with HEART

customer Service training?

HEARTbeats

Congratulations to our October Draw Winners!

Name of Giver: Melanie
 Name of Receiver: Donna

They have received a \$25 gift card for displaying the peopleCare Values!

Thank you for all you do!



Internal Phone list

Reception Desk - Kavita, Corina or Joan	100
Executive Director – Mike	103
Business Office Manager – Vimla	112
Nursing Staff Manager – Jaclyn	104
Exc. Dir of Nursing – Deborah	222
Director of Resident Care (1 ST floor) – Raj	117
Director of Resident Care (2 nd floor) – Jenny	204
Director of Resident Care (3 rd and 4 th floor)– Vickie	303
Director of Nutrition – Brent	105
Assistant Director of Nutrition – Harpreet	106
Dietician – Megan	134
Director of Recreation- Kristen	114
Social Work – Peter & Chaplain- Daria	232
Physio- ARVAN Group – Sam	107
Director of Environmental Services – Carl	116
Hair Salon – Lorrie	136

peopleCare Is here for you!

peopleCare recognizes that we cannot thrive without the hard work and dedication our employees make every day in all our Homes.

Please remember all of the programs that peopleCare has to assist you in your personal lives, educational pursuits and employee recognition! If you are unfamiliar with any of the following, please speak to your manager:

- Employee Assistance Program
- Education Assistance Program
- HEARTbeats Rewards and Recognition Program
 - Disaster Relief Fun

**Have a voice, and advocate for
your FAMILY and friends for**
Family Council
& friends

What do we do?

We have been instrumental in

Education, Programs and Communication. Together with leadership and staff we strive to bring positive change.

- Instrumental in bringing together the St. Louis PSW Program and Hilltop
- Put together educational series of meetings: Dietary and Food Planning, Communication; Who to talk to & when, Suggestions and Concerns, New Legislation, End of Life
 - Streamlining the intake process – Welcome to Hilltop

Ongoing Initiatives

- Inspired conversations and support information for Residents & Families at end of life
 - Concerns Re; Staffing, Menu's and Quality

*Please join us in 2020! Every month the 2nd Wednesday at 6:00pm on the
Main Floor, in the Preston Home Area*

And Help us make things the best they can be. Have a Voice and Share!

For information, a private tour of the home, ideas or questions. Please email
familycouncilhilltopmanor@gmail.com



Christmas Tree!

Every _____ we _____ to a tree
(month) (verb)
_____ far away. Not just any _____
(place) (adjective)
farm, a _____ tree _____. My dad
(adjective) (place)
and I _____ onto the _____ to _____
(verb) (noun) (verb)
for the perfect _____. Some people like
(noun)
them _____ and _____ and some like
(adjective) (adjective)
them _____ and fat. We are searching
(color)
for a tall and _____ one! "Over there!" I
(adjective)
exclaim, "Dad it's over there!" Off we _____,
(verb)
saw in hand to _____ this year's _____
(verb) (noun)
down. _____ it's _____ finally!
(exclamation) (holiday)



Christmas Word Search

Level 4



G L E T W C R S T O C K I N G
Y I P I D A E R B R E G N I G
A C O V T R P Y A E C E F F U
R E A S L E Q I X O C T A P Z
E M I R Y H A U D P S A J O N
S E A P O B E T H L E H E M I
N R U L O L D O N T F O S P U
A R L S L E I G H A A S U D O
M Y N O K L T T O Y S I S H R
W C E N E M E S I W F E T A N
O B M K A J L O Z Y E G V M A
N E R N O L U H M G O T E L M
S O G I E O Y D N A C X O N E
V E R B I J O T H U W B K A N
R E E D N I E R Q C A E E R T



1. Bells
2. Bethlehem
3. Candy
4. Carol
5. Christmas
6. Elves
7. Gifts
8. Gingerbread

9. Holly
10. Jesus
11. Manger
12. Merry
13. Ornament
14. Peace
15. Reindeer
16. Santa

17. Sleigh
18. Snowman
19. Star
20. Stocking
21. Toys
22. Tree
23. Wisemen
24. Yuletide