# Tavistock Insider

peopleCare Tavistock \* 28 William St. North Tavistock Ont \* 519-655-2031 \* www.peoplecare.ca



people<u>Care</u> communities

#### **Celebrating December**

Resident Holiday Dinner & Bazaar Wednesday Dec 4<sup>th</sup> – Bazaar: 11am-8pm

Harrington Church Choir Carolers Saturday Dec 7<sup>th</sup> – 2:15pm

Music with David John Kirby Monday Dec 9<sup>th</sup> – 2:30pm

**Swiss Chalet Festive Lunch** Wednesday Dec 11<sup>th</sup> – 12:00pm

Music with Bill Gibbons Wednesday Dec 11<sup>th</sup> – 2:30pm

Resident Christmas Concert Thursday Dec 12<sup>th</sup> – 2:30pm

**Greenwood Hill Band** Friday Dec 13<sup>th</sup> – 2:30pm

Christmas Light Tour Wednesday Dec 18<sup>th</sup> – 6pm & 7pm

Santa Visits at Stratford Mall Thursday Dec 19<sup>th</sup> – 4:00pm

Christmas with Conn Smythe Friday Dec 20<sup>th</sup> – 2:30pm

Resident Council Monday Dec 23<sup>rd</sup> – 9:45am

Christmas Service with Pastor Will Monday Dec 23<sup>rd</sup> – 2:30pm

> Christmas Eve Pajama Day Tuesday Dec 24<sup>th</sup>

Music with Traci Kennedy Saturday Dec14th – 2:30pm

New Year's Party with Shakey D Tuesday Dec 31<sup>st</sup> – 2:30pm



# December 2019

From our family to yours, have a safe and wonderful holiday season!

## Welcome Home

Lois M, Lois C, Ormond L & Margaret B & Patricia W

# Happy Birthday to All those born in December!

Resident Name	Date
Lisa M	Dec. 12 <sup>th</sup>
Loreen M	Dec. 14 <sup>th</sup>
Marie F	Dec. 14 <sup>th</sup>
Joy S	Dec. 16 <sup>th</sup>

Flower: Narcissus

Birthstone: Turquoise





### **December Birthdays**

In astrology, those born between December 1–21 are centaur archers of Sagittarius. Archers are curious, energetic, and enjoy change, the restless travelers of the zodiac. They are funny and enthusiastic, cherishing freedom as their greatest treasure.

Those born between December 22–31 are the horned goats of Capricorn. As goats climb to great heights, Capricorns strive to get to the top, using discipline and common sense to find fame, prestige, and money.



#### Staff News

We welcome to our peopleCare team:

Karendeep K – RN Nicole W – RN Marcia M – PSW

We say goodbye and good luck to PSW Jessica L on her future endeavors.





Irene G Eleanor B

Our deepest thoughts and sympathies go out to the family and friends

"He spoke well who said that graves are the footprints of angels."

~Henry Wadsworth Longfellow

#### **Message from the Executive Director**

**HAPPY December!** 

#### Make sure you sign up for the Christmas Dinner on December 4<sup>th</sup>

Our staff are very grateful for the Christmas Treats brought in by residents and families – your generosity is greatly appreciated – Thank you!

The Holiday season is upon us! Our hallways and lounges look very festive. Thanks to our wonderful Recreation Team for the beautiful decorations!

Congratulations to Amber Semple who has accepted the Director of Resident Quality Outcomes role! We are happy to have Amber permanently as a part of our Nursing Management Team

A reminder regarding Christmas Gifts for residents

– if you have anything that needs labelling, you are
more than welcome to bring the item in ahead of
time to be labelled. We will then return to you for
wrapping. We will collect gifts to be handed out on
Christmas morning if you like.

Congratulations to the following staff who were recognized through our Heart Beats Program and who were able to collect their \$100 reward:

Eva L., Betty H., Teresa H., Darlene R., Christine A., Val M., Dana B., Margaret R.,

Deb R., Danielle M., Joan Y., Julie W., Linda W.,

Good for you all – and thanks for your hard work and dedication!

Please remember to practice good hand hygiene for the health of our residents, staff and yourselves. Hand sanitizer is available throughout the home. We ask you not to visit if you are feeling unwell, we would be happy to transfer a message or take the phone to your loved one.

Stay Healthy!

Have a Wonderful Holiday Season!

Deb Wettlaufer

#### **News and Notes**

#### Festive Feast Luncheon

We will be ordering Festive Feast's from Swiss Chalet on Wed December 11<sup>th</sup>. Those wishing to purchase should contact the Recreation Team.



#### **Christmas Concert**

Please join us on December 12<sup>th</sup> at 2:30 in the dining room, for our Annual Christmas Concert. During the concert our Chimes Choir, Musical Choir, and various residents will be performing for us, and showcasing all of their talents and hard work. Everyone welcome! Refreshments to follow.

#### Santa Is Coming To Town...

Santa is coming to peopleCare Tavistock the week of December 16<sup>th</sup> to deliver all of the Resident's gifts – please join us for lots of Christmas fun! **Check the program** calendar for the dates of the parties for each home area.

#### Christmas Light Tour Wednesday December 18<sup>th</sup>

Please join us as we take a bus tour of Tavistock and surrounding area to see the Christmas lights and decorations. This has been a favourite for many years. The tour has limited seating. 2 tours will be available to accommodate. Please let the Recreation team know if you wish to attend! The cost is \$11

#### Christmas Day

If you are visiting on Christmas Day please feel free to drop into the Dining room for our Christmas Drop In Party. A nice way to celebrate with your loved one!



December is packed solid with great

Christmas Entertainment!

Check out the program calendar for dates and times!

# Help us make a local family's Christmas a merrier one!

This year, peopleCare Tavistock has committed to sponsor a local family for Christmas, through the Tavistock Assistance Program. A wish tree will be located inside of the display cabinet by the front door, on this tree will be items that will help to make this Christmas special for this family.

If you wish to donate, please choose an item from the tree.

(Ask reception to assist)

A box will be located behind the reception desk for items to be dropped off in.

We will be helping out a local family with 4 Children ages: 17, 11, 8 and 2 years old

As well as gift items, we will be collecting food items. Any contribution would be greatly appreciated.

If anyone wishes to make gift card donations you can do so at the front reception desk. The residents will be going out and shopping for the family in the upcoming month!

Thank you for helping us give back this Christmas to our local

community!

Donation deadline Fri Dec 13th



There will be two dinner settings, 1pm and 6pm. Residents are welcome to invite two guests to one of the settings. The costs for guests is \$15.00. There will be limited seating and reservations will be on a first come first serve basis. There is no cost for residents.

Please RSVP to Reception no later than Friday Nov 22nd by 3pm. Due to space limitations reservations beyond the RSVP date cannot be gaurenteed to be accommodated.

The Recreation Team will be hosting their annual Christmas Fest Bazaar on the same day, from 11am-8pm. Join us for Christmas Crafts, Baked Goods, Homemade Preserves, Raffles and more! Contact Jenn Kairies for more information



Check us out, and like us on Facebook by typing in "peopleCare Communities"

https://www.facebook.com/PeopleCareCommunities/

Visit www.peoplecare.ca to download our latest program calendars and newsletters, and to learn what's new at peopleCare Communities



Living the peopleCare Values

## **PROFESSIONALISM**

Act with Knowledge
Develop Skills
Dress for your Customer
Choose a Positive Attitude

Have you attended Caring with HEART customer Service training?

# **HE**RTbeats

Congratulations to our October Draw Winners!

Name of Giver: Jim N Name of Receiver: Josh H

They have received a \$25 gift card for displaying the peopleCare Values!

Thank you for all you do!



#### **CHRISTMAS DAY**

If you plan on taking your family or friend out during this time, we are asking that you let us know in advance so that we can ensure that everything (i.e.; medications, etc.) is prepared when you arrive. Please let the Charge Nurse know the date and times of your outings.

#### **CHRISTMAS GIFTS**

- The Recreation team is happy to deliver Christmas gifts to your loved ones on Christmas Day if you are unable to be here. The gift can be given to one of the Recreation staff or Receptionist with the name clearly marked, and we will safely store it until Christmas day.
- The laundry department would also be happy to pre-label items prior to them being wrapped. The Laundry Services are available between 7 - 3pm daily and is located on the lower level.



## peopleCare Is here for you!

peopleCare recognizes that we cannot thrive without the hard work and dedication our employees make every day in all our Homes. Please remember all of the programs that peopleCare has to assist you in your personal lives, educational pursuits and employee recognition! If you are unfamiliar with any of the following, please speak to your manager:

- Employee Assistance Program
- Education Assistance Program
  - HEARTbeats Rewards and Recognition Program
    - Disaster Relief Fun



The Recreation Team is asking for your help for donated items for our Christmas Bazaar on Wed Dec 4th 2019

## We are looking for the following items:

- Clean mason jars for canning
  Penny Sale items
  (new, unused items)
  Any craft or knitted items
  Bake sale items dropped of the day before if possible
- Items can be dropped off anytime to the Rec. Department

MONEY BEING RAISED

Goes directly to programming

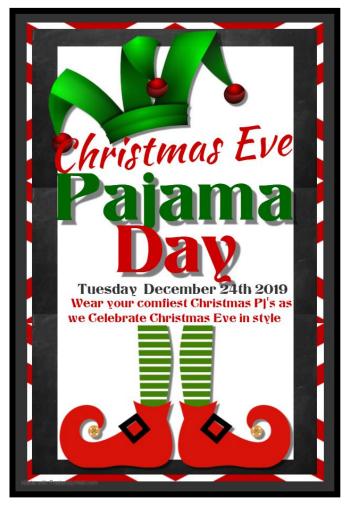
special events for our

residents!

Made with PosterMyWall.com







# Christmas Word Search



G L E T W C R S T O C K I N G
Y I P I D A E R B R E G N I G
A C O V T R P Y A E C E F F U
R E A S L E Q I X O C T A P Z
E M I R Y H A U D P S A J O N
S E A P O B E T H L E H E M I
N R U L O L D O N T F O S P U
A R L S L E I G H A A S U D O
M Y N O K L T T O Y S I S H R
W C E N E M E S I W F E T A N
O B M K A J L O Z Y E G V M A
N E R N O L U H M G O T E L M
S O G I E O Y D N A C X O N E
V E R B I J O T H U W B K A N
R E E D N I E R Q C A E E R T

1. Bells	9. Holly	17. Sleigh
2. Bethlehem	10. Jesus	18. Snowman
3. Candy	11. Manger	19. Star
4. Carol	12. Merry	20. Stocking
5. Christmas	13. Ornament	21. Toys
6. Elves	14. Peace	22. Tree
7. Gifts	15. Reindeer	23. Wisemen
8 Gingerbread	16 Santa	24 Yuletide