




| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday   |
|---|---|---|---|--|---|--|
|   |   |   | 10:15 New Year's Reminiscing <b>1</b><br>2:00 New Year's Craft<br> | 10:15 Handwax <b>2</b><br>2:00 Town & Country<br> | 9:30 Exercises with Pam <b>3</b><br>10:00 Movement for Life With Louise<br>1:30 Manicures   | 10:15 Memorable Moments <b>4</b><br>10:30 Pet Visits with Sophie<br>2:00 Horse Races   |
| 10:15 Hymn Sing <b>5</b><br>1:30 Coffee Shop<br>                             | 10:00 Exercises with Pam <b>6</b><br>10:45 Tai Chi<br>1:30 Bingo<br>3:30 Musical visits with John Bino<br>6:30 Pet Visits with Sophie<br>6:30 Netflix & Chill   | 9:30 Exercises with Pam <b>7</b><br>9:45 Mobile Library<br>10:15 Worship <br>2:00 Knitting Circle    | 10:15 Taking Down Christmas Decorations <b>8</b><br>2:00 Let's Get Cookin<br>6:30 Church of Christ  | 10:15 <i>Tim Hortons</i> <b>9</b><br>2:00 Karaoke  | 9:30 Exercises with Pam <b>10</b><br>10:15 Snoozeleen and Meditation<br>1:00 Musical Visits with John Bino<br>1:30 Manicures  | 10:15 Card Bingo <b>11</b><br>2:00 Handwax<br>        |
| 10:15 Crafty Corner <b>12</b><br>1:30 Coffee Shop<br>                      | 10:00 Exercises with Pam <b>13</b><br>10:45 Tai Chi<br>1:30 Bingo<br>3:30 Musical Visits with John Bino<br>6:30 Pet Visits with Sophie<br>6:30 Netflix & Chill  | 9:30 Exercises with Pam <b>14</b><br>10:15 Worship<br>2:00 Handwax<br>                             | 10:00 Movement for Life With Louise <b>15</b><br>2:00 Let's Get Cookin<br>5:00 Supper Club  | 10:15 Card Bingo <b>16</b><br>2:00 Larry Russel Entertainment  | 9:30 Exercises with Pam <b>17</b><br>10:15 Baking<br>1:30 Manicures<br>        | 10:15 Armchair Travel "Alaska" <b>18</b><br>10:30 Pet Visits with Sophie<br>2:00 Bowling   |
| 10:15 Hand Massages <b>19</b><br>1:15 Gospel Music<br>1:30 Coffee Shop<br> | 10:00 Exercises with Pam <b>20</b><br>10:45 Tai Chi<br>1:30 Bingo<br>6:30 Pet Visits with Sophie<br>6:30 Netflix & Chill<br><small>Martin Luther King Day</small>   | 9:30 Exercises with Pam <b>21</b><br>9:45 Mobile Library<br>10:15 Worship <br>2:00 Knitting Circle | 11:00 Residents Council <b>22</b><br>2:00 Jimmy the Crooner<br>6:30 Card Bingo  | 10:15 <i>Tim Hortons</i> <b>23</b><br>2:00 Handwax   | 9:30 Exercises with Pam <b>24</b><br>10:15 Snoozeleen and Meditation<br>12:00 Chinese New Year Lunch<br>1:00 Musical Visits with John Bino<br>1:30 Manicures        | 10:15 Crafty Corner <b>25</b><br>2:00 Leavin Tracks Band<br><b>Chinese New Year "year of the rat"</b><br><small>Chinese New Year</small> |
| 10:15 Card Bingo <b>26</b><br>1:30 Coffee Shop<br>                         | 10:00 Exercises with Pam <b>27</b><br>10:45 Tai Chi<br>1:30 Bingo<br>3:30 Musical Visits with John Bino<br>6:30 Pet Visits with Sophie<br>6:30 Netflix & Chill<br><small>Australia Day (observed)</small> | 9:30 Exercises with Pam <b>28</b><br>10:15 Worship<br>2:00 Handwax<br>                             | 10:15 Living Memories <b>29</b><br>2:00 Music in time<br>5:00 Supper Club   | 10:15 Mobile Manicure <b>30</b><br>2:00 Crokinole and Board Games  | 9:30 Exercises with Pam <b>31</b><br>10:15 Cookie Baking<br>1:30 Manicures<br> |   |

Please note that due to unforeseen circumstances, programs and events on the calendar are subject that change.