Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 News and Views – Café 10:30 Christmas Craft – JUN 1:30 Church Service – Rev. Heather Walton 3:30 Book Club – CH 6:15 Balloon Badminton – CH	9:30 Stretch and Strengthen – CH 2 11:00 Colouring – JUN 2:00 Bingo – CH 3:30 Manicures – JUN 6:15 Christmas Lights Tour (Sign up only)	9:30 Ladies Hair Dos – JUN 10:00 Colouring – JUN 11:00 Men's Group – JUN 2:00 Music with Sandy – CH 3:30 Folding Laundry – JUN 4:00 Dining Room Tunes – JUN 6:15 Active Games – JUN	9:00 Exercise with Emily – JUN 10:00 Ukulele Music – CH 11:00 Doll Therapy – JUN 2:00 Hot Chocolate and White Christmas Movie – CH 3:30 Café Visits 4:00 Dining Room Tunes – JUN 6:15 Balloon Badminton – JUN	9:30 Manicures – JUN 10:00 Art with Robin – NS 10:30 Trivia – JUN 2:00 Bingo – CH 3:30 Devotions – RO 4:00 Dining Room Tunes – JUN 6:15 Thursday Night Football – JUN	10:00 Choir with Kim – CH 11:00 Spa – JUN 1:00 Little Tracks Petting Zoo – CH 3:30 Resident Surveys	9:30 Café Visits 10:30 Colouring – JUN 2:00 Bocce Ball – CH 3:30 Short Stories – JUN 6:15 Ribbon Exercise – JUN
9:30 News and Views – Café 10:30 Brownie Baking – NS 10:30 Active Games - JUN 1:30 Church Service – Rev Ryan Peter with Gateway Music Team 3:30 Book Club – CH 6:00 Susie Q – JUN National Brownie Day	9:30 Stretch and Strengthen – CH 9 10:30 Resident Council – CH 11:00 Café Visits 2:00 Music with Nippy – CH 3:30 Manicures – JUN 6:15 Bingo – CH	9:30 Ladies Hair Dos – JUN 10:00 Sorting Stations – JUN 11:00 Men's Group – JUN 1:30 Catholic Communion – CH 2:30 Christmas Show with Riverbend Academy Private School – CH 3:30 Folding Laundry – JUN 4:00 Dining Room Tunes – JUN 6:15 Guided Imagery – JUN	9:00 Exercise with Emily – JUN 11 10:00 Ukulele Music – CH 11:00 Doll Therapy – JUN 2:00 Gingerbread House Making – CH 3:30 Bean Bag Toss – JUN 4:00 Dining Room Tunes – JUN 6:15 Pictionary - CH	10:30 Guggenheim Word Game – JUN	9:30 Music and Movement – CH 1:10:00 Choir with Kim – CH 10:30 Hymns with Ellen – JUN 11:00 Spa – JUN 2:00 Christmas Carols with Jeremy – CH 3:30 Resident Surveys 6:15 Balloon Badminton – JUN	9:30 Café Visits 10:30 Chicken Soup Reading – JUN 2:00 Bocce Ball – CH 3:30 Singalong – JUN 6:15 Christmas Painting – Café
9:30 News and Views – Café 10:30 Ball Toss – JUN 1:30 Church Service – Chaplain Don & Patty Dickert with Gateway Music Team – CH 3:30 Book Club – CH 6:15 One to One Visits – JUN	9:30 Stretch and Strengthen – C /I 6 10:30 Guggenheim Word Game – JUN 11:00 Dining Room Tunes – JUN 2:00 Bingo – CH 3:30 Manicures – JUN 6:15 Christmas Present Wrapping with Girl Guides – Café	9:30 Ladies Hair Dos – JUN 10:00 Ball Toss – JUN 11:00 Men's Group – JUN 2:00 Music with Dave S – CH 3:30 Folding Laundry – JUN 4:00 Dining Room Tunes – JUN 6:15 Music with Dave S – CH	9:00 Exercise with Emily – JUN 18 10:00 Ukulele Music – CH 11:00 Doll Therapy – JUN 2:00 Anglican Communion – CH 3:30 Christmas Craft – JUN 4:00 Dining Room Tunes – JUN 6:15 Ribbon Exercise – JUN	9:30 Manicures – JUN 10:30 Guided Imagery – JUN 12:00 Festive Special Swiss Chalet Lunch – Café (Sign up by Nov.12th) 2:00 Bingo – CH 3:30 Devotions – RO 4:00 Dining Room Tunes – JUN 6:15 Balloon Badminton- JUN	9:30 Music and Movement – CH 20 10:00 Choir with Kim – CH 11:00 Spa – JUN 2:00 Christmas Show with Georgina Rae – CH 3:30 Resident Surveys 6:15 Doll Therapy – JUN	9:30 Café Visits 10:30 Colouring – JUN 2:00 Bocce Ball – CH 3:30 Short Stories - JUN 6:15 Active Games - JUN
9:30 News and Views – Café 10:30 Active Games - JUN 3:00 Church Service – Living Fountain Christian Centre 3:30 Book Club – CH 6:00 Susie Q – JUN	9:30 Stretch and Strengthen – Cl23 10:30 Café Visits 11:00 Doll Therapy - JUN 2:00 Christmas Bingo – CH 3:30 Manicures – JUN 6:15 Christmas Movie –JUN Festive Christmas Sweater Day First Day of Hanukkah	9:30 Ladies Hair Dos – JUN 10:00 Colouring – JUN 11:00 Men's Group – JUN 2:00 Christmas Carol Karaoke – CH 3:30 Folding Laundry – JUN 4:00 Dining Room Tunes – JUN 6:15 Traveling Egg Nog Cart National Egg Nog Day	9:00 Exercise with Emily – JUN 10:00 Manicures – JUN 11:00 Doll Therapy – JUN 2:00 Drop In Christmas Social with Singing by Ellen and Her Parents – Café 3:30 Bean Bag Toss – JUN 4:00 Dining Room Tunes – JUN 6:15 Short Stories – JUN Christmas	9:30 Manicures – JUN 10:30 Guggenheim Word Game – JUN 2:00 Bingo – CH 3:30 Tim Hortons Social- JUN 3:30 Devotions – RO 6:15 Guided Imagery – JUN	9:30 Music and Movement – CH 2 11:00 Spa – JUN 10:30 Hymns with Ellen – JUN 2:00 Birthday Party– CH 3:30 Resident Surveys 6:15 Colouring - JUN	
9:30 News and Views – Café 10:30 Ribbon Exercise – JUN 1:30 Church Service – Music and Devotional with Ron & Judy Hampson 3:30 Book Club – CH 6:15 Singalong – JUN	9:30 Stretch and Strengthen – Cl30 10:00 Word Searches – JUN 11:00 Sorting Stations – JUN 2:00 Bingo – CH 3:30 Manicures – JUN 6:15 Bean Bag Toss – CH	9:30 Ladies Hair Dos – JUN 10:00 Sorting Stations – JUN 11:00 Men's Group – JUN 2:00 New Year's Eve Party – Café 3:30 Folding Laundry – JUN 4:00 Dining Room Tunes – JUN 6:15 New Year's Countdown – JUN		Decemb	oer 2019 IIPER	Main Floor Café Chapel (CH) Oak Room (OR) Home Areas J: Juniper (JUN) SM: Sugar Maple – 2 nd Floor (SM) RO: Red Oak – 2 nd Floor (RO) WP: White Pine – 3 rd Floor (WP) NS: Norway Spruce – 3 rd Floor (NS)