

3

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2020

Delhi Long Term Care Home

						9:45 Active Games 10:30 Laundry Helpers 10:45 Readers Corner 1:30 Daily Chronicles 2:45 Bingo-BDR
9:45 Dance Club-NL 10:45 Laundry Helpers-NL 1:30 Hymn Sing 2:45 Movie: "Ground Hog Day" Groundhog Day	9:15 Movement Matters-NL 9:45 Current Events-NL 10:30 Laundry Helpers 1:15 Healing Hands 2:00 Ladies Group-SDR 3:15 Word Fun-NL 6:30 Karaoke-NL	9:15 Pump it Up-NL 10:00 Bingo- BDR 11:00 Laundry Helpers 2:00 Manicures-SDR 3:00 Parachute	10:00 Discussion Group with Pastor Kring-SDR 10:45 Montessori 1:15 Body Balance 2:00 Winter Wonderland Ice Cream Social with the Jammers-BDR 3:00 Harp Music 6:30 Bocce Ball-NL	9:15 Get Energized-BDR 9:45 Jeopardy- SDR 10:45 Laundry Helpers-SDR 2:00 Catholic Mass-NL 3:00 Drumming-SDR 4:15 Walk and Talk 6:30 Games Night	9:30 Harp Music 2:15 Art with Pam 3:30 Name that Tune 4:15 One to One Visits 6:30 Movie and Munchies-NL	9:30 Active Games 10:30 Laundry Helpers 1:30 You be the Judge-SDR 2:45 Bingo-BDR 4:00 One to One Visits
9:30 Current Events-NL 10:15 Junk Drawer Detective-NL 10:45 Laundry Helpers 1:30 Tea and Reminisce 2:30 Hymn Sing-NL 3:45 One to One Visits	9:15 Movement Matters-NL 10:00 Resident Council-SDR 1:15 Healing Hands 2:00 Foot Spa-NL 3:15 Men's Group-NL 6:30 Guess that Heart Tune	9:45 Word Fun-NL 10:45 Laundry Helpers-NL 1:45 Bowling-NL 2:00 Ladies Auxiliary 3:00 One to One Visits 6:30 Pub Night with Archie-BDR	9:15 Pump it Up-NL 9:45 Active Games 10:45 Montessori 1:15 Body Balance 1:45 Sing Along 3:00 Harp Music 3:00 Activity Cart	9:15 Get Energized-BDR 9:45 Parachute -NL 10:45 Laundry Helpers 1:45 TV Classics 2:00 Sensory 1:1's 3:00 Drumming-SDR 6:30 Games Night	9:30 Seated Yoga-NL 10:15 Euchre-SDR 2:00 Valentine's Social with Tia McGraff-BDR 3:30 Valentine's Craft-NL 6:30 Cupid's Heart Break Game Valentine's Day	9:45 Active Games-NL 10:30 Laundry Helpers 10:45 Readers Corner 1:30 Daily Chronicles 2:45 Bingo-BDR
9:45 Dance Club 10:45 Laundry Helpers 1:30 Word Fun 2:45 Hymn Sing-NL	9:45 Who am I 10:30 Laundry Helpers 10:45 Manicures 2:00 Family Day Social Hour Presidents' Day (US)	9:15 Movement Matters 10:00 Bingo-BDR 11:00 Laundry Helpers 2:00 Baking-SDR 3:30 Trivia 1:1 7:00 Community Bingo-BDR 7:15 One to One Visits	9:15 Pump it Up-NL 11:00 Lunch Outing to Ramblin` Road Brewery-sign up 1:15 Body Balance 2:00 Bowling-NL 3:00 Harp Music 3:15 Mind Joggers-NL	9:15 Get Energized-BDR 9:45 Jeopardy-SDR 10:45 Laundry Helpers 1:15 Healing Hands 2:00 Melody Makers -BDR 3:30 Sensory 1:1's 6:30 Games Night	9:30 Seated Yoga-NL 10:15 Thank you Cards 1:30 Word Fun-NL 2:45 Parachute-NL	9:30 Scrap Booking- SDR 10:30 Laundry Helpers 1:30 Active Games-NL 2:45 Bingo-BDR
9:30 Colouring Corner-SDR 10:45 Laundry Helpers 1:30 Guided Imagery/Meditation-NL 2:30 Hymn Sing-NL 3:45 One to One Visits	9:15 Movement Matters 9:45 Current Events-NL 10:30 Laundry Helpers 1:15 Healing Hands 2:00 Word Game-NL 3:15 Hand Massages 6:30 Happy Hour with the Country Sweethearts-BDR	9:45 Glamour Shots-SDR 10:45 Laundry Helpers 1:45 Bowling 2:00 Family Council 3:00 Sensory 1:1's 4:00 Quality of Life Survey 6:30 Horse Races-BDR Mardi Gras	9:15 Pump it Up-NL 9:45 Active Games-NL 10:45 Montessori 1:15 Body Balance 2:00 Memorial Service-BDR 3:00 Harp Music Ash Wednesday	9:15 Get Energized-BDR 9:45 Jeopardy-SDR 10:45 Laundry Helpers 2:00 Birthday Party with Shakey D.-BDR 3:30 Sensory 1:1's 6:30 Games Night	9:30 Seated Yoga-NL 10:15 Euchre-SDR 2:00 Scrapbooking-SDR 3:15 Travel Logue- Niagara Falls-NL 6:30 Movie and Munchies-NL	9:45 Active Games 10:30 Laundry Helpers 11:00 Calendar Delivery 1:30 Leap Year Fun 2:45 Bingo-BDR Leap Day

Pam, Stacey and Emily are your Recreation Team. Due to Unforeseen Circumstances, programs are subject to change.